

# YMCA SUMMER CAMP

Shine On  Oakville

4

LOCATIONS

SPORTS  
HORSES  
ROBOTS  
ARTS  
AND MORE!



## 2025 ACTIVITIES GUIDE



# Endless Summer Memories

YMCA Day Camp is a chance for everyone to create endless memories: playing games, exploring the outdoors, learning new skills and making friends for life! With a fresh selection of traditional and specialty camps, there is something for everyone! We look forward to helping campers unplug from screen time and plug into rediscovering the outdoors, sports, trips, fun activities, and more.

The YMCA's long history and expertise in supporting a holistic approach to health, growth, and development of children and youth is evident in our camp programs. At YMCA Day Camp, children can be physically active and enjoy just being kids.

*We cannot wait to build lasting memories with your child this summer!*

## Calendar

### JULY

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1*	30	1*	2	3	4
Week 2	7	8	9	10	11
Week 3	14	15	16	17	18
Week 4	21	22	23	24	25
Week 5	28	29	30	31	1

### AUGUST

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 6*	4*	5	6	7	8
Week 7	11	12	13	14	15
Week 8	18	19	20	21	22
Week 9	25	26	27	28	29

(\*) Indicates a 4-day week due to holidays.

## Extended Care

Camp programming begins at 9 am and ends at 4 pm.

We are offering unlicensed extended care at Palermo, River Oaks, and YMCA locations from 8:00-9:00 am and 4:00-5:00 pm, no additional cost.

Palermo & River Oaks: 8 weeks

YMCA: 9 weeks







# River Oaks

*Immerse your child in the best of both worlds at YMCA Summer Day Camps at River Oaks. Our camp features fields for sports, an indoor gym, and ample indoor space, providing the ideal environment for campers seeking a blend of indoor and outdoor adventures. This year, we're excited to feature an exciting lineup of programs, including Sports, Bricks 4 Kidz, Trailblazers, and our brand-new Robotics program. Don't miss out!*

## Bricks 4 Kidz

**Ages 8-13 years old**  
**Weeks 2, 3, 4, 5, 7, 8**  
**\$395.00/Week**

Ignite your child's creativity and problem-solving skills in this hands-on, action-packed camp, powered by Bricks 4 Kidz! Young engineers will dive into the exciting world of architecture and mechanics as they design and build motorized models using LEGO® Technic™ bricks. Each day is filled with both fun and learning, featuring group games, sports, arts, crafts, and thrilling water play at the nearby splash pad. Whether constructing intricate models or enjoying outdoor adventures, campers will leave with a sense of accomplishment and new skills to spark their imaginations.

## Trailblazers

**Ages 6-13 years old**  
**Weeks 1-8 (Full Day), Weeks 2, 3, 4, 5, 7, 8 (Half Day)**  
**\$298.00/Week (Full Day), \$238/Week (Short Week), \$170.00/Week (Half Day)**

The Ultimate Summer Camp Adventure! Give your child a summer full of fun, friendship, and discovery with this dynamic camp experience! Whether you choose a full- or half-day option, your camper will enjoy a wide variety of traditional activities designed to engage and inspire. From arts and crafts to co-operative games, outdoor play, sports, and refreshing water park activities or swimming, there's something for every child to love. Campers are thoughtfully grouped by age, ensuring activities are tailored to their interests and abilities. This camp combines the best of our former Ramblers and Seekers programs, creating a unique and exciting environment where every child can explore, grow, and thrive.

## Robotics NEW!

**Ages 8-13 years old**  
**Weeks 2, 5, 7, 8**  
**\$395.00/Week**

Build Robots. Build Skills. Build Summer Memories! Unlock your child's potential with this hands-on robotics camp! Using the Four C's—Collaboration, Communication, Critical Thinking, and Creativity—campers will design and assemble robots together, developing both technical expertise and essential life skills. Each day, participants will focus on exciting, team-driven robotics projects while also enjoying time outdoors for classic summer fun in the sunshine. It's the perfect blend of learning and play, giving your child the chance to explore their interests, make new friends, and create lasting memories. Give your child a summer full of innovation, teamwork, and fun!







# Palermo

Summer camps at Palermo location feature an indoor gym and indoor space perfect for campers that require a balance of indoor and outdoor experiences at camp. It is a short walk to the splash pad and field for sports and active games. This year, we're excited to offer unique programs like Digital Arts, Trailblazers, and our brand-new DIY Everything camp, designed to inspire creativity and exploration.

## Digital Art Camp

**Ages 8-13 years old**  
**Weeks 2, 3, 4, 5, 7, 8**  
**\$395.00**

Unlock your child's artistic potential in this dynamic camp that combines creativity with technology! Using iPad Procreate tools, campers will transform their sketches into stunning digital works of art. From line art and digital painting to shading, 3D effects, and animation techniques, your child will explore the world of digital design in a fun and engaging way. With top-of-the-line equipment provided, including Apple Pencil 2.0 and iPad Airs, this camp offers the perfect balance of instruction.



## Trailblazers

**Ages 6-13 years old**  
**Full Day: Weeks 1-8, Half Day: Weeks 2, 3, 4, 5, 7, 8**  
**\$298.00/Week (Full Day), \$238/Week (Short Week), \$170.00/Week (Half Day)**

The Ultimate Summer Camp Adventure! Give your child a summer full of fun, friendship, and discovery with this dynamic camp experience! Whether you choose a full- or half-day option, your camper will enjoy a wide variety of traditional activities designed to engage and inspire. From arts and crafts to co-operative games, outdoor play, sports, and refreshing water park activities or swimming, there's something for every child to love. Campers are thoughtfully grouped by age, ensuring activities are tailored to their interests and abilities. This camp combines the best of our former Ramblers and Seekers programs, creating a unique and exciting environment where every child can explore, grow, and thrive.





## DIY Everything NEW!

**Ages 5-13 years old**

**Weeks 1-8**

**\$298.00/Week - \$238.00/Short Week**

Empower your child's creativity and independence in this hands-on camp where they'll bring their artistic visions to life! From crafting unique projects to preparing delicious meals and culinary dishes, campers will experience the thrill of problem-solving, following recipes, and working through challenges to create something tangible. Each day is an opportunity to celebrate their accomplishments, whether it's a beautiful craft project or a mouthwatering dish they can proudly share. This camp is all about fostering creativity, building confidence, and having fun while making something special from start to finish.



## Horseback Riding

**Ages 8-13 years old**

**Weeks 2, 3, 4, 5, 7, 8**

**\$514.00/Week**

Just a short 6-minute bus ride away, Claddagh Stables offers an unforgettable summer experience for your child. This family-owned and operated farm provides daily riding lessons, helping campers build horsemanship skills in a safe, supportive, and fun environment. Beyond horseback riding, campers will enjoy a true farm adventure, interacting with friendly small animals and exploring the rhythms of farm life. It's a chance to create lasting memories, gain confidence, and make new friends—all while learning new skills that will stay with them long after camp ends. Please note: A signed waiver must be completed and brought on the first day for campers to participate in riding activities.)

## Tours

**Ages 10-13 years old**

**Weeks 3 and 7**

**\$514.00/Week**

Give your child a summer packed with excitement in our "Tours Camp"! Campers will go on different kinds of field trips each week to explore exciting destinations like bowling alleys, laser tag arenas, and Safari Niagara. Every outing is a chance for new adventures, discovery, and bonding with friends. This camp is ideal for curious and active kids ready to fill their summer with exploration, fun, and unforgettable experiences.







# Camp Wilderness

Located in the beautiful, forested surroundings of Valens Conservation area, Camp Wilderness is a perfect setting for nature-based learning and wilderness exploration. This is an outdoor camp which includes a combination of traditional day camp activities like: canoeing, kayaking, swimming, arts and crafts and environmental pursuits. Valens expands across wooded areas and a man-made lake, fresh water and shelter are available and campers are well supervised for exploration.

## Adventure Course NEW!

**Ages 10-13 years old**  
**Weeks 2, 3, 7, 8**  
**\$300/Week**

An exciting adventure course summer camp designed for children, where they can explore the great outdoors, challenge themselves with thrilling activities, and build lasting friendships. From obstacle courses and scavenger hunts, campers will develop confidence, teamwork, and problem-solving skills while having tons of fun in a safe and supportive environment. Perfect for young adventurers seeking a summer full of exploration, adventure, and unforgettable memories.



## Leadership 3-Week Program

**Ages 14-16 years old**  
**Weeks 2 and 5**  
**\$482.00/Week**

Empower your teen with essential leadership skills! This comprehensive 3-week leadership program is designed to equip youth with the tools they need for future employment or volunteer opportunities. Participants will develop key skills, including positive leadership, effective communication, coaching for success, strength-based feedback, and managing conflict or challenging behaviors. As part of the program, youth will earn certifications in YMCA Healthy Child Development and First Aid, providing valuable credentials for their future. They'll also complete a hands-on work placement in a Day Camp setting, gaining real-world experience while earning 40 volunteer hours—just in time for the upcoming school year. Help your teen build confidence, grow as a leader, and prepare for a successful future!





# Outdoor Pursuits

Ages 6-13 years old

Weeks 2-8

\$300.00/Week, \$240.00/Short Week

Outdoor Adventures for Growing Confidence and Fun! Perfect for campers who aren't quite ready for a full Valens experience, this program offers an exciting, nature-filled day packed with outdoor exploration and hands-on learning. Each day, campers will dive into activities like environmental science, arts and crafts, orienteering with a compass, and basic camping skills—all designed to spark curiosity, build self-confidence, and foster teamwork. With age-appropriate groupings, your child will enjoy a supportive and engaging environment tailored to their interests and abilities. It's a fantastic way for campers to enjoy the great outdoors, make new friends, and create lasting memories!



# Learn to Camp

Ages 13-15 years old

Weeks 4 and 7

\$300.00/Week

Introduce your child to the wonders of the great outdoors with our "Learn to Camp" program! Campers will dive into hands-on activities like pitching tents, building campfires, outdoor cooking, and stargazing—all while learning essential safety skills for camping. Guided by experienced instructors, your child will gain confidence, teamwork skills, and a love for nature. It's the perfect adventure for young explorers eager to create unforgettable memories in a fun, supportive environment.

**\*PLEASE NOTE:** Camp Wilderness is an outdoor camp experience with access to a covered pavilion. During inclement weather, children will participate in more sedentary games in the shelter of the pavilion. There is no indoor option, so children must be equipped appropriately for weather. The use of the beachfront is dependant on clear water tests from the Ministry of Health. Refunds will not be given for inclement weather, matters of environmental surroundings or waterfront closures

### Activities:

Hiking, Biking, Canoeing/Kayaking, Camp Fire building, Wellness, Fishing, Beachfront Swimming, Orienteering and low logs games

# Busing to and from Valens provided for campers

Our buses are supervised by trained staff, with fun activities starting and ending each day. For safety, children must use the same pick-up and drop-off location. Busing is included in the program cost. Morning departures are punctual, but evening arrivals may vary due to traffic or delays.

Bus Information	Departure	Arrival
West Oak Public School 2071 Fourth Line Oakville, ON, L6M 3K1	8:00 am	5:00 pm





# YMCA of Oakville

Experience the ultimate summer adventure at the Peter Gilgan Family YMCA! Our camps offer versatile spaces, including swimming facilities for older campers, outdoor areas perfect for arts and crafts, sports, and a variety of engaging activities. This year, we're excited to feature Sports Camps, Swim programs, Trails, and our brand-new NHL Street Hockey program—fun and excitement for every camper!

## Sports Camp

**Ages 5-13 years old**

**Full Day: Weeks 1-9, Half Day: Weeks 2-6  
\$298.00/Full Week, \$238.00/Short Week,  
\$170.00/Half Day Week**

Jump into Sports Fun and Skill-Building This Summer! From bouncing and dribbling to passing and volleying, this action-packed camp is designed to teach kids the essential skills they need to succeed in a variety of sports. Campers will not only practice and develop their abilities but will also apply them in fun, relaxed game settings that emphasize sportsmanship, teamwork, and fair play. But that's not all—campers will cool off and enjoy recreational swimming, adding an extra splash of excitement to their day! With age-appropriate groupings, every child will feel challenged, supported, and part of the team. It's the perfect way to build confidence, stay active, and make new friends this summer!





## Swim N Sport

**Ages 10-13 years old**  
**Weeks 2, 3, 7, 8**  
**\$395.00/Week**

A Unique Blend of Swimming Progression and Sports Fun! Take your child's swimming skills to the next level with this focused one-week program that combines expert instruction with exciting, well-rounded activities. Each day features dedicated swimming lessons to advance your child's abilities in the water, paired with land-based experiences to reinforce what they've learned. But this camp doesn't stop at swimming! Children will also participate in a different sport activity each day, developing fundamental movement skills essential for a wide range of interactive sports. This unique approach helps build confidence, coordination, and a love for staying active—all while making new friends and having fun. It's the perfect way to combine skill-building, fitness, and summer fun in one amazing program!



## Trailblazers

**Ages 6-13 years old**  
**Full Day: Weeks 1-8, Half Day: 2, 3, 4, 5, 7, 8**  
**\$298.00/Full Week, \$238.00/Short Week,**  
**\$170.00/Half Day Week**

The Ultimate Summer Camp Adventure! Give your child a summer full of fun, friendship, and discovery with this dynamic camp experience! Whether you choose a full- or half-day option, your camper will enjoy a wide variety of traditional activities designed to engage and inspire. From arts and crafts to co-operative games, outdoor play, sports, and refreshing water park activities or swimming, there's something for every child to love. Campers are thoughtfully grouped by age, ensuring activities are tailored to their interests and abilities. This camp combines the best of our former Ramblers and Seekers programs, creating a unique and exciting environment where every child can explore, grow, and thrive.

## NHL Street NEW!

**Ages 7-9 years old**  
**Weeks 3, 4, 8, 9**  
**\$395.00/Week**



Experience the Thrill of NHL Street Hockey! Get ready for an action-packed summer with NHL STREET, an exciting new camp sponsored by the National Hockey League. Campers will learn and practice basic ball hockey skills in a fun, fast-paced environment while staying active and making new friends through sport. Hockey is a game of teamwork, creativity, and resilience—and this camp brings it to life with no ice, limited rules, and unlimited fun! NHL STREET makes hockey more accessible and affordable than ever before. Every camper will also receive a reversible Toronto Maple Leafs NHL STREET jersey to take home as a keepsake! This full-day program is packed with excitement: half the day focuses on street hockey, while the other half is filled with traditional camp games and activities for a well-rounded and memorable summer experience.







# General Information

## Inclusivity

The YMCA welcomes children with additional needs into our camp programs and offers 1:1 support for campers who need extra support throughout the day. ***Please note, our 1:1 program has limited spaces.***

We expect campers to treat each other, staff, and themselves with respect always; solve problems collaboratively, include others in activities, and always use non-offensive language. ***We have a zero-tolerance policy for bullying and discrimination.*** These behaviors will result in communication with parents/ guardians and may result in suspension from Summer Camp attendance privileges.

## Drop off & Pick up

The YMCA of Oakville is committed to providing a safe and secure environment for all campers. Campers will only be released into the care of their parent/guardian, or into the care of the individual designated by the parent/guardian. Everyone picking up must show government issued photo ID and must be 16 years old or older.

***We must receive written authorization of an alternative pick up personnel prior to dismissal.***

Campers who are 13 years old are allowed to sign themselves in and out of camp as long as we have previous written authorization from a parent/guardian. Though they are permitted to sign themselves in and out of camp they are NOT permitted to sign siblings or friends in and out of camp. No exceptions.

## Camper Health & Wellbeing

When children show signs of illness, please keep them at home, this reduces the spread of illness at camp. A child may be sent home if coughing, sneezing, has a temperature, or any other contagious illness or infection.

A child who develops symptoms during the day, will be sent home. Children showing signs or illness must be picked up within one hour. Please ensure your emergency contact can be on site for pick up within that time frame.

***Participants should not attend camp if they:***

- Have any of the following new or worsening symptoms or signs (symptoms should not be chronic or related to other known cause or conditions)
- Fever or chills; difficulty breathing or shortness of breath; cough, sore throat, trouble swallowing; runny nose/stuffy nose or nasal congestion; decrease or loss of smell or taste; nausea, vomiting, diarrhea, abdominal pain; and/or not feeling well, extreme tiredness, sore muscles.
- Have been told by a doctor, health care provider, or public health unit that they should currently be isolating (staying home)
- Please check your child for lice before the start of camp, otherwise they may be sent home.



## Medication at Camp

Our staff can administer prescription medication in the original container. The medication must be affixed with the original pharmacist's label and must include the following information: name of the child, medication prescribed, dosage, duration, expiry date. Over the counter medication will only be administered to your child when it is sealed in the original container and labelled with the following information: name of child, medication prescribed (i.e., children's Tylenol), dosage, duration, expiry date, reason for administering.

*In each case, parents must complete a YMCA medication form that authorizes the administration of medication. Staff can only administer dosage that is on the label. If a different dosage is suggested, a doctor's note must be provided.*

## Medical Emergency

In the event of an accident, injury or illness involving the participant where medical attention is required, EMS will be called. The legal guardian will be notified.

### *Allergies/Anaphylaxis*

Anaphylaxis is a serious allergic reaction that can be life-threatening. This allergy can include, but is not limited to, food, insect bites, medicine, and environmental conditions. We have many children in our care who have a life-threatening allergy and we take every measure to ensure their safety. Protecting children with life-threatening allergies is a shared responsibility. Parents who have children who have been diagnosed with an anaphylactic allergy must provide a detailed individual profile at the time of registration.

### *EpiPens & Inhalers*

Any child bringing an EpiPen or Inhaler to camp must bring it in a separate fanny pack/case to be worn at all times.

## Camper Groups

Camper group sizes are aligned with the Ministry of Health Day Camp Guidance and Halton Public Health recommendations. Our camper group ratio is 1:10 for 5- and 6-year-old campers and 1:13 for 6- to 13-year-old campers. Campers will remain with the same group for the duration of the camp.

## Camper Code of Conduct

The safety and well-being of each camper is of the utmost importance. Campers must recognize a personal responsibility to learn and follow the safety rules established by the YMCA Staff. Should the behaviour of the participant places him/her/them, or others at risk, may result in the immediate dismissal from the program. Campers are also expected to treat each other, staff, and themselves with respect; solve problems collaboratively, include others in activities, and always use non-offensive language. We have zero-tolerance for bullying and discrimination; participation in either will result in communication with parents/caregivers and possible dismissal from the program. Campers may be re-integrated into a camp program following a discussion with camper parent/caregivers and senior camp staff.





## Ignite Potential: Support our Y

The YMCA of Oakville is a charitable organization dedicated to supporting our community. Your gift to the Y can empower children and families to reach their full potential through our programs and services.

Be the spark that ignites change in someone's life. Your donation ensures everyone in our community has the opportunity to thrive. *Every dollar makes a difference.*

**DONATE TODAY! Visit [ymcaof oakville.org/charity](https://ymcaof oakville.org/charity)**



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