

# At the Y, membership means more flexibility and savings!

It also means having access to great programs and motivated staff ready to help you achieve your health and fitness goals. Whether you're a family, student, individual or older adult, a YMCA membership delivers wellness options for every age and stage. With new flexible membership options, there's something for everyone at the YMCA.

## 2024 FEES \*BIWEEKLY

## Choose your membership for the amenities that you desire.



## **All-Inclusive\***

- AquaFit
- Lane Swimming
- Recreational Swimming
- In-person Group Fitness
- Fitness Centre

- Indoor Track
- Fitness & Goal Setting
- Open Gym
- Drop-in Sport & Rec
- Online Fitness Programs

	FAMILY RATE	l e	FAMILY RATE
Adult       \$35.37         Adult Plus       \$46.17         Senior       \$29.61         Young Adult       \$21.75	\$31.84 \$41.55 \$26.65 \$19.57	Child/Youth - Drop In Child/Youth - 1 Registered Program Child/Youth - 2 Registered Programs	\$18.86 \$26.97 \$35.08

## Want to pay only for what you use? We have 3 options!



## Aquatics\*\*

- AquaFit
- Lane Swimming
- Recreational Swimming

Adult \$28.82



#### Wellness

- Fitness Centre
- Indoor Track
- Fitness & Goal Setting

Adult **\$23.58** 



## **Group Fitness**

- In Person Group Fitness
- Online Fitness Programs

Adult **\$23.58** 



Adult (ages 25-64 years) | Senior (ages 65+ years) | Youth/Young Adult (ages 14-24 years) Children under 10 must be supervised by an adult 16 yrs+ at all times in the facility.

\*\* Aquatic Admission standards apply

## No One Gets Left Behind:

YMCA Financial Assistance is available to all, serving individuals and families who have the greatest need in our community. For more information please visit: ymcaofoakville.org/about-the-ymca/financial-assistance/

