

Peter Gilgan Family YMCA Program Schedule

Effective July 2, 2024

FACILITY HOURS

Monday - Friday: 6 am to 10 pm Saturday: 7 am to 7 pm Sunday: 8 am to 6 pm Holidays: 8 am to 4 pm

POOL HOURS

Monday/Wednesday/Friday: 6:30 am to 9 pm Tuesday/Thursday: 7:15 am to 9 pm Saturday/Sunday: 8 am to 4 pm SI = Sign In (Parents must sign children under 10 in and out)

SU = Sign Up (My Wellness App or website)

RP = Registered Program (Register online, additional fee \$)

DI = Drop In (Anyone over age 10 can attend)

	Leisure			Main Pool				
	Pool	20	22		25			
C:00 AM		20 m	23 m	25 m	25 m	25 m		
6:00 AM								
6:30 AM								
7:00 AM			Lane Swim					
7:30 AM								
8:00 AM								
8:30 AM								
9:00 AM				AquaFit				
9:30 AM	Family Swim							
10:00 AM	SWIM							
10:30 AM			eadership rses	Sv	vim + Sport can	mp		
11:00 AM	Swim	Cou	Lzez					
11:30 AM	+				Lane Swim			
12:00 PM	Sport Camp							
12:30 PM								
01:00 PM	Sports Seniors	Lane Swim						
01:30 PM	Camp							
02:00 PM								
02:30 PM								
03:00 PM	Family Swim	Aquati	cs Leadership (ourses	Lane Swim			
03:30 PM								
04:00 PM								
04:30 PM	Swim							
05:00 PM	Lessons			Swim Lessons				
05:30 PM								
06:00 PM								
06:30 PM								
07:00 PM	Family							
07:30 PM	Swim							
08:00 PM				Lane Swim				
08:30 PM								
09:00 PM								
09:30 PM								
10:00 PM			_					

	Leisure Pool	Main Pool							
		20 m	23	25 m	25 m	25 m			
6:00 AM									
6:30 AM									
7:00 AM									
7:30 AM			Lane Swim						
8:00 AM									
8:30 AM									
9:00 AM									
9:30 AM	Family			Aqu	aFit				
10:00 AM	Swim								
10:30 AM		Aquatics L	eadership		Swim + S	port camp			
11:00 AM	Swim	Cou							
11:30 AM	+ Sport			Lane Swim					
12:00 PM	Camp								
12:30 PM									
01:00 PM	Sports	Lane Swim							
01:30 PM	Seniors Camp								
02:00 PM	1								
02:30 PM									
03:00 PM		Aquatics Leadership Courses Lane Swim							
03:30 PM]								
04:00 PM									
04:30 PM									
05:00 PM	F ''			Lane	Swim Lessons		Lane Swim		
05:30 PM	Family Swim	Dt	lassac	Swim					
06:00 PM		Private book							
06:30 PM									
07:00 PM		AquaFit							
07:30 PM									
08:00 PM									
08:30 PM				Lane	Swim				
09:00 PM									
09:30 PM									
10:00 PM					<u>I</u>	<u> </u>			



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WEDN	ESDAY								
	Leisure Pool			Main Pool					
		20 m	23 m	25 m	25 m	25 m			
6:00 AM									
6:30 AM									
7:00 AM									
7:30 AM			Lane Swim						
8:00 AM									
8:30 AM									
9:00 AM									
9:30 AM	Family								
10:00 AM	Swim								
10:30 AM		Aguatics L	Aquatics Leadership Swim + Sport camp						
11:00 AM		Cou							
11:30 AM	Swim +				Lane Swim				
12:00 PM	Sport Camp	Lane Swim							
12:30 PM									
01:00 PM	Sports	Lane Sw							
01:30 PM	Seniors Camp	Aquafit							
02:00 PM									
02:30 PM									
03:00 PM	Family Swim	Aquatics Leadership Courses			Lane Swim				
03:30 PM	5.7.111								
04:00 PM									
04:30 PM	Swim			Swim Lessons					
05:00 PM	Lessons								
05:30 PM		Swim Lessons							
06:00 PM									
06:30 PM				Swim Lessons					
07:00 PM	Family			Swim Lessons					
07:30 PM	Swim								
08:00 PM				Lane Swim					
08:30 PM									
09:00 PM									
09:30 PM									
10:00 PM									

THURS	DAY								
	Leisure Pool	Main Pool							
		20 m	23	3 m	25 m	25 m	25 m		
6:00 AM									
6:30 AM									
7:00 AM									
7:30 AM			Lane Swim						
8:00 AM									
8:30 AM]							
9:00 AM					- Fia				
9:30 AM	Family			Aqu	aFit				
10:00 AM	Swim								
10:30 AM		Aquatics L	Aquatics Leadership Swim + Sport camp						
11:00 AM	Swim		Courses						
11:30 AM	+ Sport			Lane Swim					
12:00 PM	Camp								
12:30 PM									
01:00 PM	Sports Seniors Camp	Lane Swim							
01:30 PM									
02:00 PM									
02:30 PM									
03:00 PM		Aquatics Leadership Courses Lane Swim					Swim		
03:30 PM									
04:00 PM									
04:30 PM									
05:00 PM	Family								
05:30 PM	Swim	Drivato	elesson	Lane			Lane		
06:00 PM			kings	Swim	Swim Lessons		Swim		
06:30 PM									
07:00 PM									
07:30 PM									
08:00 PM									
00.20 014		Adu	ılt Swim Les	sons		Lane Swim			
08:30 PM				Lane	Swim				
09:00 PM									
09:30 PM									
10:00 PM									



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Column		Leisure Pool			Main Pool					
6:30 AM			20 m	23 m	25 m	25 m	25 m			
7:30 AM	6:00 AM									
Table Tabl	6:30 AM				1					
Solid AM Solid AM	7:00 AM									
San AM S	7:30 AM			Lane Swim						
P-00 AM	8:00 AM									
Pamily Swim Pamily Swim Pamily Swim Pamily Swim Pamily	8:30 AM									
10:00 AM	9:00 AM									
10:00 AM	9:30 AM	Family			AquaFit					
11:00 AM	10:00 AM									
11:00 AM	10:30 AM		Aguatics I	eadershin	Sv	vim + Sport car	np			
11:30 AM	11:00 AM									
12:00 PM	11:30 AM	-				Lane Swim				
Some	12:00 PM									
Seniors Camp Leadership Course Exam Lane Swim	12:30 PM		Leadership Course Exam Lane Swim							
01:30 PM Camp Leadership Course Exam Lane Swim 02:30 PM Family Swim Family Swim Lane Swim 04:30 PM Swim Swim Lessons Swim Lessons 05:00 PM Lessons Swim Lessons Swim Lessons 06:30 PM Pamily Swim Adult Swim Lessons Lane Swim 07:30 PM Adult Swim Lessons Lane Swim 08:30 PM Lane Swim	01:00 PM									
O2:30 PM	01:30 PM									
O3:00 PM O4:00 PM O4:00 PM C5:00 PM C5:00 PM C6:30 PM O6:30 PM O7:30 PM O7:30 PM O7:30 PM O7:30 PM O8:30 PM O9:00 PM	02:00 PM									
O3:30 PM	02:30 PM									
03:30 PM 04:00 PM 04:30 PM Swim Lessons 05:00 PM Swim Lessons 06:30 PM Family Swim 07:30 PM Adult Swim Lessons 08:30 PM Lane Swim 08:30 PM Lane Swim	03:00 PM									
04:30 PM Swim 05:00 PM Lessons 05:30 PM Swim Lessons 06:30 PM 06:30 PM 07:30 PM Family 07:30 PM Swim 08:00 PM Adult Swim Lessons Lane Swim 08:30 PM Lane Swim 09:00 PM Lane Swim	03:30 PM	JWIIII								
Swim Lessons Swim Lessons Swim Lessons	04:00 PM									
Swim Lessons Swim Lessons	04:30 PM	Swim								
06:00 PM 06:30 PM 07:00 PM Family Swim 07:30 PM Adult Swim Lessons 08:00 PM Lane Swim 09:00 PM Lane Swim	05:00 PM	Lessons			Swim Lessons					
06:30 PM 07:00 PM Family Swim 07:30 PM Adult Swim Lessons Lane Swim 08:30 PM Lane Swim 09:00 PM Lane Swim	05:30 PM									
07:00 PM Family Swim Adult Swim Lessons Lane Swim 08:00 PM Lane Swim 08:30 PM Lane Swim	06:00 PM									
07:30 PM Swim 08:00 PM Adult Swim Lessons 08:30 PM Lane Swim 09:00 PM Image: Control of the	06:30 PM									
07:30 PM Adult Swim Lessons Lane Swim 08:00 PM Lane Swim 08:30 PM Lane Swim 09:00 PM Image: Control of the control of th	07:00 PM									
08:30 PM Lane Swim 09:00 PM Lane Swim	07:30 PM	JVIIII	Ad	lult Swim Lesso	ons	Lane	Swim			
09:00 PM	08:00 PM		710							
	08:30 PM			T	Lane Swim					
09:30 PM	09:00 PM									
	09:30 PM									

SATURI	DAY								
	Leisure Pool		Main Pool						
		20 m	23 m	25 m	25 m	25 m			
8:00 AM				Agus 7umbs					
8:30 AM			AquaZumba						
9:00 AM									
9:30 AM									
10:00 AM	Swim								
10:30 AM	Lessons			Swim Lessons					
11:00 AM				JWIIII LESSUIIS					
11:30 AM									
12:00 PM									
12:30 PM									
01:00 PM									
01:30 PM	Family Swim	Private lesso	n hookings	Lane Swim					
02:00 PM		i iivate iessui	ii Dookiiiya		Lane Swim				
02:30 PM									
03:00 PM									
03:30 PM									
04:00 PM									

	Leisure Pool		Main Pool							
		20 m	23 m	25 m	25 m	25 m				
8:00 AM				lawa Curim						
8:30 AM		Lane Swim								
9:00 AM										
9:30 AM										
10:00 AM										
10:30 AM										
11:00 AM										
11:30 AM	Family	Drivato loca	Private lesson bookings		Lane Swim					
12:00 PM	Swim	riivate iess	on bookings	Lane Swilli						
12:30 PM										
01:00 PM										
01:30 PM										
02:00 PM										
02:30 PM										
03:00 PM				Lane Swim						
03:30 PM				Laile SWIIII						