

Shine On  Oakville

DAY CAMP

2024 ACTIVITIES GUIDE



Be the Spark



Endless Summer Memories



YMCA Summer Day Camp is an opportunity for everyone to ignite endless summer memories: playing games, exploring the outdoors, learning new skills, and making friends for life! With a fresh selection of traditional and specialty camps this summer, there is something for everyone! We're excited to empower campers to Be the Spark by unplugging from screen time and plugging into rediscovering the outdoors, sports, trips, fun activities, and more.

The YMCA's rich legacy and expertise in nurturing a holistic approach to health, growth, and development in children and youth shines through in our camp programs. At YMCA Day Camp, children can be physically active and relish in the joys of childhood.

We can't wait to craft lasting memories with your child this summer!

This brochure contains information for Summer Day Camp by location, including age requirements, dates, venues, and fees. For more information and to register, please visit ymcaoakville.org/programs/camps.

Weekly Themes



Each week our camp activities are planned around an exciting theme. Come to camp prepared to meet characters, play games, and design your crafts based on the themes in the attached chart:

Week	Dates	Theme
1	July 2-5 (Short Week)	Superheroes & Sidekicks
2	July 8-12	Olympics & Celebration of Nations
3	July 15-19	World of Animation
4	July 22-26	Pirates & Under the Sea
5	July 29- August 2	Lights, Camera, Action!
6	August 6-9 (Short Week)	Operation: Celebration
7	August 12-16	Dynamic Duos
8	August 19-23	Carnival
9	August 26-30	Survivor

Bus Transportation

Our buses are supervised by trained staff, who start and end each day with fun activities. For your child's safety, children are required to get on and off the bus at the same location. Busing is included in the cost of the program. Please note that our morning departure times are strictly adhered to. However, evening arrival times may vary due to traffic and other unanticipated delays.



Bus Information	Buses to Valens - Departures	Buses from Valens - Arrivals
St. Joan of Arc. 2912 West oak Trails Blvd, Oakville, ON L6M 4T7	8:00 am	5:05 pm
Post Corners 2220 Caldwell Dr, Oakville ON L6H 6B5	8:00 am	5:10 pm
Morden 180 Morden Rd Oakville, ON L6K 2S3	8:00 am	5:10 pm

For more information related to our summer day camp policies and procedures, please refer to our parent handbook on our website.

Inclusivity

The YMCA welcomes children with additional needs into our camp programs and offers 1:1 support for campers who need extra support throughout the day. **Please note, our 1:1 program has limited spaces.**

We expect campers to treat each other, staff, and themselves with respect always; solve problems collaboratively, include others in activities, and always use non-offensive language. **We have a zero-tolerance policy for bullying and discrimination.** These behaviors will result in communication with parents/guardians and may result in suspension from Summer Camp attendance privileges.



4 Camp Locations

- YMCA
- PALERMO
- RIVER OAKS
- VALENS



Extended Care

We are offering unlicensed extended care at Palermo, River Oaks, and YMCA locations.

Palermo & River Oaks: 8 weeks
 YMCA: 9 weeks

Timing: Monday to Friday, 8:00-9:00 am and 4:pm-5:00 pm. No additional cost.

Camp programs start at 9am and end at 4pm



River Oaks

Immerse your child in the best of both worlds at YMCA Summer Day Camps at River Oaks. Our camp features fields for sports, an indoor gym, and ample indoor space, providing the ideal environment for campers seeking a blend of indoor and outdoor adventures.

Activities at this Location:

- Large outdoor space for active games
- Walking distance to splash pad.
- Indoor and outdoor space for activities
- Arts & Crafts
- Specialty camps

Extended care hours

8am-9am and 4:00pm-5:00pm



Bricks 4 Kidz

Ages 8-12yrs old
8 weeks of camp
\$370 a week, \$296 short week (Weeks 2-8)

Partnering with Bricks 4 Kidz, campers are introduced the concepts of engineering, architecture and mechanics while building motorized models using LEGO® Technic bricks. The rest of the day will include group games and sports, arts and crafts, water play at the splash pad, and weekly theme days.

Improv

Ages 9-13yrs old.
1 week (Week 5)
\$370 a week

In partnership with Arthouse and Oakville Improv Theatre Company this half-day camp focuses on learning about how to create a story, build characters and have fun! Developing presentations skills and showcasing collaborative theatre and spontaneity exercises that they will present in front of the group. The remainder of the day will include active games, arts and crafts, water play at the splash pad and weekly theme days.

Digital Art Camp

Ages 8-12 years old
4 weeks of camp
\$370 a week, \$296 short week

Partnering with Pen to Tablet this program will teach children how to create digital art/animation. Take your creativity to the next level by making line art, painting your art piece, applying shadows and light, and adding layer effects. We will be using 3D applications, art tools/references to support learning. All equipment is provided for use (Apple Pencil 2.0, iPad Airs) using the leading art program on iPad; Procreate.





Ramblers Jr.

Ages 7-9 years old
8 weeks of camp
\$277 a week, \$222 short week



Ramblers is a great choice for first time campers! This camp guides new campers to try new things in a supportive environment. Campers will participate in fun, active games, physical activity, arts, crafts, outdoor activities and exciting weekly themes plus water games and activities.

Trailblazers

Ages 6-8 years old
8 weeks of camp
\$277 a week, \$222 short week



Trailblazers is a great choice for first-time campers. New campers will find lots of support and fun as they experience camp for the first time.

Campers will participate in fun games, sports, crafts, outdoor experiences, and exciting weekly theme days. They will also spend time on water activities and much more.

Seekers Sr.

Ages 10-12yrs old
8 weeks of camp
\$310 a week, \$248 short week

Fun for both returning and new campers, Seekers offers a variety of active games, arts and crafts to enjoy while making new friends. Campers will enjoy the benefits of an indoor and outdoor site and develop self-confidence, teamwork and communication skills through team building challenges, games, and weekly theme days. Every Thursday campers will get the opportunity to go offsite on a trip to a variety of places (Fun city, Bowling, Safari Niagara, Activate and more)





Palermo

Summer camps at Palermo location feature an indoor gym and indoor space perfect for campers that require a balance of indoor and outdoor experiences at camp. It is a short walk to the splash pad and field for sports and active games.

Activities at this Location:

- Large outdoor field
- Indoor and outdoor space for activities
- Gym space for active games and sports
- Water play
- Arts & crafts
- Splash Pad
- Specialty camps

Extended care hours

8am-9am and 4:00pm-5:00pm



Digital Art Camp

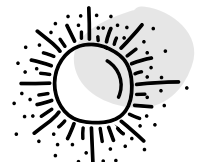
Ages 8-12 years old
 2 weeks of camp
 \$370 a week, \$296 short week

This program will teach youth how to create digital art/animation. There is lots of instruction embedded in fun activities and a welcoming atmosphere. Take a sketch and take it to the next level by making line art, painting your art piece, applying shadows and light, and adding layer effects. We will be using 3D applications, art tools/ references to support learning. All equipment is provided for use (Apple Pencil 2.0, iPad Airs) using the leading art program on iPad; Procreate.



Trailblazers

Ages 6-8 years old
 8 weeks of camp
 \$277 a week, \$222 short week



Trailblazers is a great choice for first-time campers. We offer younger children the opportunity to discover and explore new things in a supportive environment.

Campers will participate in fun games, sports, crafts, outdoor experiences, and exciting weekly theme days. They will also spend time on water activities and much more.

Improv

Ages 9-13yrs old.
1 week (Week 4)
\$370 a week

In partnership with Arthouse and Oakville Improv Theatre Company this half-day camp focuses on learning about how to create a story, build characters and have fun! Developing presentations skills and showcasing collaborative theatre and spontaneity exercises that they will present in front of the group. The remainder of the day will include active games, arts and crafts, water play at the splash pad and weekly theme days.

Seekers Sr.

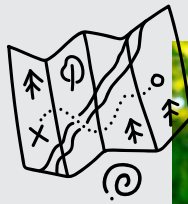
Ages 10-12 years old
8 weeks of camp
\$310 a week, \$248 short week

Fun for both returning and new campers, Seekers offers a variety of active games, arts & crafts to enjoy while making new friends. Campers will enjoy the benefits of an indoor and outdoor site with the opportunity to develop self-confidence, teamwork and communication skills through team building challenges, games, and weekly theme days. Every Thursday campers will get the opportunity to go offsite on a trip to a variety of places (Fun city, Bowling, safari Niagara, Activate and more)

Ramblers Jr.

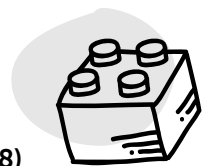
Ages 7-9 years old
8 weeks of camp
\$277 a week, \$222 short week

Ramblers is a great choice for first time campers! This camp offers young campers the opportunity to discover and explore new things in a supportive environment. Campers will participate in fun active games, sports, arts & crafts, outdoor experiences and exciting weekly theme days plus water games and activities.



Bricks for Kidz

Ages 8-12yrs old
8 weeks of camp
\$370 a week, \$296 short week (weeks 2-8)



Partnering with Bricks 4 Kidz, campers are introduced to concepts of engineering, architecture and mechanics while building motorized models using LEGO® Technic bricks. The rest of the day will include group games and sports, arts and crafts, water play at the splash pad, and weekly theme days.





Valens Lake

Valens is a conservation area near Flamborough with plenty of opportunity for hiking, canoeing and swimming in the lake. Valens is the perfect camp location for those campers who love the outdoors, want to explore, and create long lasting memories at camp. With a variety of options and nature-based learning, Valens is the perfect location for campers who want a little taste of what away camp would be or those who want the overnight experience with the flexibility of being home for dinner every day to share their daily experience with their families.

Activities at this location:

- Hiking
- Bike rides
- Canoeing
- Kayaking
- Paddleboarding
- Swimming in the lake
- Arts & Crafts
- Campfire
- Horseback Riding
- Outdoor Site w/ Open Shelter for Inclement Weather



Horseback Riding

Ages 8-12

8 weeks of camp

\$480 one-week camp, \$384 short week

Campers will spend the full day at King's Meadow Equestrian Centre, learning the fundamentals of horseback riding in a safe, experiential environment catered to the skills of each participant. Campers will daily with horses, learning to ride, and care for them. Whether you are an avid horse rider or new to horseback riding this camp will bring campers together and help them create long lasting memories.



Trailblazers

Ages 6-8 years old

9 weeks of camp

\$277 a week, \$222 short week

Trailblazers is a great choice for first-time campers. We offer younger children the opportunity to discover and explore new things in a supportive environment.

Campers will participate in fun games, sports, crafts, outdoor experiences, and exciting weekly theme days. They will also spend time on water activities and much more.

Outdoor Pursuits Jr.

Ages 7-9 years old
9 weeks of camp
\$277 a week, \$222 short week

A great option for campers who love the outdoors! Outdoor Pursuits lets campers discover Valens natural landscape through fun active and passive games, nature-based learning, introduction to outdoor education and the opportunity to splash around in the lake. Campers will learn the basic skills of tent and fort building while making friends and creating long lasting memories in this summer.



Outdoor Pursuits Sr.

Ages 10-12 years old
9 weeks of camp
\$277 a week, \$222 short week



Outdoor Pursuits Senior helps campers develop self-confidence, teamwork and communication skills through team building challenges, games, mountain biking, canoeing, kayaking, swimming in the lake. Campers are provided with nature-based learning opportunities to help them develop leadership skills and learn the basics of fishing, compass reading, tent building and so much more!



Leadership



Ages 14-16yrs
9 weeks 3 sessions 3-week camp (Weeks 1-3, 4-6 & 7-9)
\$450 for 3 weeks, \$420 short week session.

This fun and intensive 3-week program will provide youth with the leadership skills necessary to become camp counsellors. Some of the objectives of this program include: learning how to work with children, understanding group dynamics, planning, and facilitating activities, and learning how to be part of a camp team! This program will provide youth with a variety of certificates including First Aid, High Five, work placements in a camp setting and employment readiness. Upon successful completion of the program, youth will be provided with a certificate. During the 3 weeks at camp youth will participate in a one night overnight camping experience at Valens.





YMCA of Oakville

Camps at the Peter Gilgan Family YMCA feature multi-purpose spaces, swimming facilities for our older campers, outdoor space to accommodate arts and crafts, sports, and a variety of programming.

Activities at this location:

- Indoor gym
- Swimming for older campers
- Indoor space for passive activities
- Outdoor space for active games and sports

Extended care hours

8am-9am and 4:00pm-5:00pm



Sports Camp Jr.

Ages 7-9 years old
9 weeks of camp
\$277 a week, \$222 short week

Campers will learn and develop basic skills in a variety of sports throughout the week. Each morning, they will have the option to choose what skill they want to learn in one designated sport and will get practice. In the afternoon campers will share what they learned and will participate in group games, team building activities, recreational swimming and more!

Sports Camp Sr.

Ages 10-12 years old
9 weeks of camp
\$277 a week, \$222 short week

Designed specifically for older campers who are enthusiastic about sports and want to learn basic skills of various sports! Each morning is spent learning the fundamentals of the designated weekly sport through skill sessions and games. The remainder of the day will include team building initiatives, recreational swimming, and a weekly theme day.

Trailblazers

Ages 6-8 years old
9 weeks of camp
\$277 a week, \$222 short week

Trailblazers is a great choice for first-time campers. We offer younger children the opportunity to discover and explore new things in a supportive environment.

Campers will participate in fun games, sports, crafts, outdoor experiences, and exciting weekly theme days. They will also spend time on water activities and much more.





General Information

Drop off & Pick up

The YMCA of Oakville is committed to providing a safe and secure environment for all campers. Campers will only be released into the care of their parent/guardian, or into the care of the individual designated by the parent/guardian. Everyone picking up must show government issued photo ID and must be 16 years old or older.

We must receive written authorization of an alternative pick up personnel prior to dismissal.

Campers who are 13 years old are allowed to sign themselves in and out of camp as long as we have previous written authorization from a parent/guardian. Though they are permitted to sign themselves in and out of camp they are NOT permitted to sign siblings or friends in and out of camp. No exceptions.

Camper Health & Wellbeing

When children show signs of illness, please keep them at home, this reduces the spread of illness at camp. A child may be sent home if coughing, sneezing, has a temperature, or any other contagious illness or infection.

A child who develops symptoms during the day, will be sent home. Children showing signs or illness must be picked up within one hour. Please ensure your emergency contact can be on site for pick up within that time frame.

Participants should not attend camp if they:

- Have any of the following new or worsening symptoms or signs (symptoms should not be chronic or related to other known cause or conditions)
- Fever or chills; difficulty breathing or shortness of breath; cough, sore throat, trouble swallowing; runny nose/stuffy nose or nasal congestion; decrease or loss of smell or taste; nausea, vomiting, diarrhea, abdominal pain; and/or not feeling well, extreme tiredness, sore muscles.
- Have been told by a doctor, health care provider, or public health unit that they should currently be isolating (staying home)
- Please check your child for lice before the start of camp, otherwise they may be sent home.

Medication at Camp

Our staff can administer prescription medication in the original container. The medication must be affixed with the original pharmacist's label and must include the following information: name of the child, medication prescribed, dosage, duration, expiry date. Over the counter medication will only be administered to your child when it is sealed in the original container and labelled with the following information: name of child, medication prescribed (i.e., children's Tylenol), dosage, duration, expiry date, reason for administering.

In each case, parents must complete a YMCA medication form that authorizes the administration of medication. Staff can only administer dosage that is on the label. If a different dosage is suggested, a doctor's note must be provided.

Medical Emergency

In the event of an accident, injury or illness involving the participant where medical attention is required, EMS will be called. The legal guardian will be notified.

Allergies/Anaphylaxis

Anaphylaxis is a serious allergic reaction that can be life-threatening. This allergy can include, but is not limited to, food, insect bites, medicine, and environmental conditions. We have many children in our care who have a life-threatening allergy and we take every measure to ensure their safety. Protecting children with life-threatening allergies is a shared responsibility. Parents who have children who have been diagnosed with an anaphylactic allergy must provide a detailed individual profile at the time of registration.

EpiPens & Inhalers

Any child bringing an EpiPen or Inhaler to camp must bring it in a separate fanny pack/case to be worn at all times.

Camper Groups

Camper group sizes are aligned with the Ministry of Health Day Camp Guidance and Halton Public Health recommendations. Our camper group ratio is 1:10 for 5- and 6-year-old campers and 1:13 for 6- to 13-year-old campers. Campers will remain with the same group for the duration of the camp.

Camper Code of Conduct

The safety and well-being of each camper is of the utmost importance. Campers must recognize a personal responsibility to learn and follow the safety rules established by the YMCA Staff. Should the behaviour of the participant places him/her/them, or others at risk, may result in the immediate dismissal from the program. Campers are also expected to treat each other, staff, and themselves with respect; solve problems collaboratively, include others in activities, and always use non-offensive language. We have zero-tolerance for bullying and discrimination; participation in either will result in communication with parents/caregivers and possible dismissal from the program. Campers may be re-integrated into a camp program following a discussion with camper parent/caregivers and senior camp staff.



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SCAN THIS CODE FOR MORE INFORMATION



ymcaofOakville.org