



YMCA of
Oakville

2019 Impact
Report

Connecting our Community

*Open up to see how 30,662 Oakville Residents
are connected to the YMCA*

Dear Friends,

In 2019, the YMCA celebrated 175 years of providing solutions to local needs in Canada... a legacy of connecting stronger, healthier, and more vibrant communities. This year's annual report captures some highlights of our local impact from last year.

Looking back, 2019 was an exceptional year! At the time of the writing of this report, we are in the middle of a pandemic, navigating an unprecedented global challenge that will shape our ability and approach for years to come. We are grateful to be able to look back on our accomplishments and the legacy and learning that have prepared us for this moment.

We are bombarded daily with statistics about various social determinants of health and predictors for well-being such as: diet, inactivity, isolation, poverty, obesity and environmental threats. Our YMCA works to address these determinants of health and help people live their best lives in our community. Some of our impact is obvious and immediate while other impacts are realized over many years of involvement with our YMCA programs and services.

At the YMCA, there is never a dull moment, and the complexities of daily life mean that we have an even more critical role to play. Everyone needs access to a healthy lifestyle regardless of economic circumstances. Children need strong role models to help them develop the values and skills to successfully navigate the challenges they face. Youth need safe spaces to socialize, acquire leadership, and gain employment skills all while being able to relax and share in fun. Adults need safe and reliable childcare as well as an opportunity to unwind and stay fit. Seniors need to stay active physically, mentally and socially. People at all ages and stages thrive when they are connected to a community where they are welcomed and able to find solutions to their daily needs.

We invite you to read our enclosed 2019 Annual Report so you can see the many new programming initiatives we developed and delivered across Halton Region. Our team continues to innovate, engage and seek feedback so that we can continue to meet the emerging needs in our community. This work is possible thanks to the commitment and engagement of community partners, volunteers, and our committed staff team. As a result of their dedication, 30,662 people were served by a YMCA of Oakville program or service in 2019.

Our Leadership Team and our Board of Directors are very proud of the impacts we have had on those we serve and of our ability to address local community needs. We absolutely could not do what we do without the support of many individuals, donors, volunteers, staff, community leaders, and partners who believe that what we do makes a meaningful difference today and for years to come.

Thank you to all!



A handwritten signature in black ink that reads "P. Kolisnyk".

Peter Kolisnyk
Chair, Board of Directors



A handwritten signature in black ink that reads "Kyle Barber".

Kyle Barber
President & CEO

YMCA Volunteer & Staff Leadership

YMCA Volunteer and Staff Leadership 2018 / 2019 YMCA Board of Directors

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Realtor PKRE, Engel&Völkers Oakville, Brokerage

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Principal, The Acumen Group

Ian Troop, BBA, ICD.D
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Binu Dhas,
VP of Operations, Hoskin Scientific

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QI Specialist Ontario Health

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Owner, Academy of Mathematics & English

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Retired, Head, New Product Planning, AstraZeneca USA

Sam Greiss, CA
Retired, EVP & COO, Parkbridge Lifestyle Communities Inc.

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Global IFM Workplace Director, Sodexo

Owen Duguid, B.E.S., J.D.
Lawyer O'Connor MacLeod Hanna LLP

Paul Nieweglowski, BSc., M.Eng.
Retired Assistant Deputy Minister, Ministry of Environment

Michael Wells
HR Business Partner, GTAA

Senior Management Team

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President & CEO

Kathy Robinsain
Vice President, Finance,
Risk Management & IT

Cathyann White
Regional Vice President

Alison Williams
Vice President,
Human Resources

Lorraine Pettinato
Acting Vice President,
Children's Services

Community Impact



Summer Camp

Thanks to our **138** amazing camp staff, over **40** extended care staff & countless supporting staff, we ran **30** unique summer camp programs, **3** March Break programs and **2** junior camp programs in 2019 where **2,044** campers built confidence, skills and made new friends.



Child Care

Our **425** qualified child care staff along with **5** child care coop students, provided **5,430** children with a safe and active child care program where they fostered their social skills and developed a stronger sense of community.



Volunteering

183 volunteers gave 5042.75 hours in 2019 supporting camps, swimming lessons, teaching fitness classes, supporting our members at our sales desk and in our administration.



Financial Giving

In 2019, we raised **\$377,076** through grants, fundraising and the generosity of **904** donors. Out of this generosity, **\$741,677** was awarded in YMCA financial assistance to make our programs accessible to **1,961** individuals in our community.

Community Programs

Beyond our walls, **3,214** people participated in YMCA community initiatives such as:



Health, Fitness & Aquatics



11,186 children, youth and adults made strides towards their health and fitness goals with a YMCA membership.

508 participants in health and fitness programs.



1,687 individual's involvement was supported through financial assistance.



261

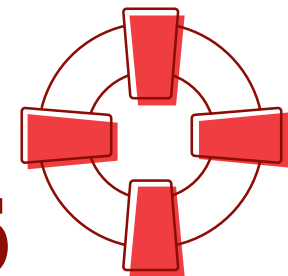


Specialized health management program participants (Healthy Hearts, Cancer Smart, Rock Steady-Parkinsons).

2,211 children, youth and adults learned to swim and improved their safety in the water through YMCA Swim Lessons.



316



people completed Aquatics Leadership Courses on their path to becoming a lifeguard or swim instructor.

Program Highlights

1 Youth Leadership

This year, 31 young people became community leaders through participation in our Young Leaders Initiative (YLI). The YLI is a group of staff, volunteers and High School Ambassadors under the age of 30. By gaining leadership skills and mentor experiences each participant was able to give back and address a need in their community.

2 Rejuvenation of Outdoor Play Spaces

In 2019, we completed our vision of installing outdoor classrooms at all our full day, toddler and preschool child care locations. With the final playground upgrade at our Oakville Trafalgar Junior Child Care, children attending our full day YMCA programs can explore their surroundings with a gained appreciation for the natural elements. Outdoor play is an important part of a child's day and we get excited to see children curious about the world around them.

3 Halton Sports Leadership Program

The Halton Sport Leadership Program (HSLP) has made a positive impact in the lives of over 163 youth to date. Aimed at addressing the youth unemployment rate, 70% of HSLP participants secured employment in the sport & recreation sector in 2019 and 100% of participants successfully completed the program. HSLP youth self-reported positive impacts in their lives including improved academic achievement and plans to attend post-secondary institutions.

4 Peace Week

Our Peace Week initiatives culminated in our annual Community Breakfast for Peace. Over 400 supporters attended the breakfast where we presented four medals to stewards of peace in our community; Grandmothers Act to Save the Planet (GASP), Maggie Aynsley, Michael Messenger from World Vision Canada and Ethan Parikh. Keynote speaker Maggie Doyne, BlinkNow Foundation was presented with friendship bracelets and letters made by over 1000 children from our YMCA Child Care Centres to share with children in Nepal.

Peace Week Youth Forum/Social Innovation Project

250 youth from schools across Halton attended the Peace Week Youth Forum where they participated in workshops like finance/budgeting, mission/vision/goal writing, leadership and Watchlist Vital Youth Report. The announcement of the Social Innovation Project (SIP) winners concluded the day. The SIP encourages young people (ages 14 to 24) in our community to turn their passion into action by providing funds to enable youth to activate their initiatives that support solutions to local social issues.

This year's winners were:

Community Garden | A project that will allow the autism community and their families to grow organic vegetables and fruits to sell at local farmers markets.

YouthSAID | A networking group run by youth, for youth to give youth in Halton the opportunity to speak freely on their issues or concerns and advocate for change for all youth.

SOAR | An educational organization with a mission of fostering a passion for entrepreneurship and innovation in 21st-century learners.

Anonymous Friend | A free mental health helpline run entirely by students, for students. Volunteer student mental health responders are trained by professionals to provide support and refer students to other resources; they do not give any medical advice.

Financial Highlights

Year Ended December 31, 2019

	2019	2018
Statement of Financial Position		
Current Assets	\$ 3,726,129	\$ 3,663,113
Capital Assets	\$ 9,640,050	\$ 10,576,828
Total Assets	\$ 13,366,179	\$ 14,239,941
Current Liabilities	\$ 834,731	\$ 1,219,082
Deferred Capital Donations & Grants	\$ 2,883,580	\$ 3,197,644
Net Assets	\$ 9,647,868	\$ 9,823,215
Total Liabilities & Net Assets	\$ 13,366,179	\$ 14,239,941

	2019	2018
Statement of Revenue & Expenses		
Revenue		
Program & Services	\$24,307,783	\$ 22,787,534
Donations, Grants & Fundraising	\$ 377,076	\$ 717,626
Amortization of Capital Donations and Grants	\$ 375,093	\$ 374,990
Total Revenue	\$ 25,059,952	\$ 23,880,150
Expenses		
Programs, Services, Administration & Amortization of Capital Assets	\$24,559,213	\$23,566,780
Impairment of intangible asset	676,086	
Total Expenses	\$25,235,299	\$23,566,780
Excess of Revenue over Expenditures	(\$175,347)	\$313,370

The summarized financial information is extracted from Annual Financial Statements audited by BDO Canada LLP, Licensed Public Accountants. A copy of the complete financial statement is available online at www.ymcaoakville.org. Requests for a copy can be made by email to info@oakville.ymca.ca, by phone at 905-845-3417 or by written request to YMCA of Oakville, 410 Rebecca Street, Oakville, Ontario L6K 1K7.



We're building momentum for
the important work which lies ahead:
of serving more people, in more communities.



Charitable Registration
#11906 4400 RR0001



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