

Peter Gilgan Family YMCA Program Schedule

Effective January 8, 2024

FACILITY HOURS

Monday - Friday: 6 am to 10 pm Saturday: 7 am to 7 pm Sunday: 8 am to 6 pm Holidays: 8 am to 4 pm

POOL HOURS

Monday/Wednesday/Friday: 6:30 am to 9 pm Tuesday/Thursday: 7:15 am to 9 pm Saturday/Sunday: 8 am to 4 pm SI = Sign In (Parents must sign children under 10 in and out)

SU = Sign Up (My Wellness App or website)

RP = Registered Program (Register online, additional fee \$)

DI = Drop In (Anyone over age 10 can attend)

	Leisure	Main Pool						
	Pool	20 m	23 m	25 m	25 m	25 m		
6:00 AM		20111	23 111	23111	25 111	23111		
6:30 AM								
7:00 AM								
7:30 AM			Lane Swim					
8:00 AM								
8:30 AM								
9:00 AM								
9:30 AM				AquaFit				
10:00 AM								
10:30 AM				Lane Swim				
11:00 AM								
11:30 AM				Lane Swim				
12:00 PM	Family							
12:30 PM	Swim			Lane Swim				
01:00 PM								
01:30 PM		Lane Swim						
02:00 PM				Lane Swim				
02:30 PM								
03:00 PM			C	losed for Renta	ıl			
03:30 PM								
04:00 PM								
04:30 PM	Swim Lessons			Swim Lessons				
05:00 PM	Swim			Swim Lessons				
05:30 PM	Lessons			SWIIII LESSONS				
06:00 PM	Swim			Swim Lessons				
06:30 PM	Lessons			2MIIII FE220U2				
07:00 PM	Family			Swim Lessons				
07:30 PM	Swim							
08:00 PM				Lane Swim				
08:30 PM								
09:00 PM								
09:30 PM								
10:00 PM	·							

TUESDA	AY								
	Leisure Pool			Main	Pool				
		20 m	23	S m	25 m	25 m	25 m		
7:15 AM									
7:30 AM			Lane Swim						
8:00 AM									
8:30 AM									
9:00 AM									
9:30 AM				Aqu	ıaFit				
10:00 AM		Lane Swim Lane Swim							
10:30 AM									
11:00 AM	Family								
11:30 AM	Swim								
12:00 PM									
12:30 PM									
01:00 PM				Lane Swim					
01:30 PM				Lane	SWIM				
02:00 PM					ci				
02:30 PM				Lane	Swim				
03:00 PM				1	Continu				
03:30 PM				Lane	Swim				
04:00 PM	Family								
04:30 PM	Swim								
05:00 PM	Family			Lane	Swim Lessons L		Lane		
05:30 PM	Swim	Duty-4	Jassan	Swim	Swim I	Lessons	Swim		
06:00 PM	Family	l	e lesson kings						
06:30 PM	Swim								
07:00 PM	Family				Aau	aFit			
07:30 PM	Swim								
08:00 PM									
08:30 PM				Lane	Swim				
09:00 PM									
09:30 PM									
10:00 PM									



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	Leisure Pool	Main Pool							
		20 m	23 m	25 m	25 m	25 m			
6:00 AM									
6:30 AM		,							
7:00 AM									
7:30 AM			Lane Swim						
8:00 AM									
8:30 AM									
9:00 AM		,							
9:30 AM				AquaZumba					
10:00 AM				Lana Carta					
10:30 AM				Lane Swim					
11:00 AM				Lane Swim					
11:30 AM				Lane SWIM					
12:00 PM	Family			6					
12:30 PM	Swim			Lane Swim					
01:00 PM		Acustit							
01:30 PM				AquaFit					
02:00 PM				Lane Swim					
02:30 PM				Lane Swiiii					
03:00 PM				Lane Swim					
03:30 PM				Lane Swiiii					
04:00 PM	Swim			Swim Lessons					
04:30 PM	Lessons			Amin respons					
05:00 PM	Swim			Swim Lessons					
05:30 PM	Lessons			Amin resonit					
06:00 PM	Swim			Swim Lessons					
06:30 PM	Lessons			JWIIII LESSUIIS					
07:00 PM	Family			Swim Lessons					
07:30 PM	Swim								
08:00 PM				Lane Swim					
08:30 PM									
09:00 PM									
09:30 PM									

THURS	DAY									
	Leisure Pool		Main Pool							
		20 m	23	3 m	25 m	25 m	25 m			
7:15 AM										
7:30 AM		Lane Swim								
8:00 AM										
8:30 AM										
9:00 AM					- Fia					
9:30 AM			AquaFit							
10:00 AM										
10:30 AM			Lane Swim							
11:00 AM				1,,,,	Swim					
11:30 AM				Lane	JWIIII					
12:00 PM				lana	Consissa					
12:30 PM			Lane Swim							
01:00 PM					c					
01:30 PM			Lane Swim							
02:00 PM				Lana	Swim					
02:30 PM				Lane	3WIIII					
03:00 PM				Lano	Swim					
03:30 PM				Laile	JWIIII					
04:00 PM	Family									
04:30 PM	Swim									
05:00 PM	Family	Private	elesson	Lane	Swim	Lessons				
05:30 PM	Swim	bool	kings	Swim	Swiiii	Lessons	Lane			
06:00 PM	Family						Swim			
06:30 PM	Swim									
07:00 PM	Family			Lane Swim						
07:30 PM	Swim			Lane Jwilli						
08:00 PM				Adul+ I	Lessons					
08:30 PM				Auditi						
09:00 PM										
09:30 PM										
10:00 PM										



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	Leisure Pool	Main Pool 20 m 23 m 25 m 25 m 25 m						
	1001							
6:00 AM								
6:30 AM								
7:00 AM								
7:30 AM			Lane Swim					
8:00 AM								
8:30 AM								
9:00 AM								
9:30 AM				AquaFit				
10:00 AM								
10:30 AM				Lane Swim				
11:00 AM				Lane Swim				
11:30 AM				Lane Swiiii				
12:00 PM	Family Swim	Lane Swim						
12:30 PM	JWIIII		Lane JWIII					
01:00 PM								
01:30 PM			Lane Swim					
02:00 PM				Lane Swim				
02:30 PM				Lane Jwiiii				
03:00 PM				Lane Swim				
03:30 PM				Lune Swiiii				
04:00 PM	Swim			Swim Lessons				
04:30 PM	Lessons			2000113				
05:00 PM	Swim			Swim Lessons				
05:30 PM	Lessons							
06:00 PM	Swim			Swim Lessons				
06:30 PM	Lessons							
07:00 PM	Family		Swim L	.essons/ Adult L	essons			
07:30 PM	Swim							
08:00 PM				Lane Swim				
08:30 PM								
09:00 PM								
09:30 PM								

SATUR	DAY									
	Leisure Pool		Main Pool							
		20 m	23 m	25 m	25 m	25 m				
8:00 AM		AquaZumba								
8:30 AM		Адиагитра								
9:00 AM	Swim		Swim Lessons							
9:30 AM	Lessons									
10:00 AM	Swim	Swim Lessons								
10:30 AM	Lessons		SWIIII LESSONS							
11:00 AM	Swim	Swim Lessons								
11:30 AM	Lessons		OMIIII LESSUIIS							
12:00 PM	Family			Swim Lessons						
12:30 PM	Swim									
01:00 PM										
01:30 PM	Family Swim	Private less	Lane Swim							
02:00 PM	Family	1114410 1033	on Soonings		Lane Swim					
02:30 PM	Swim				Lane SWIM					
03:00 PM			Lane Swim							
03:30 PM					Lane Swill					
07:00 PM										

	Leisure Pool		Main Pool						
		20 m	23 m	25 m	25 m	25 m			
8:00 AM			Lane Swim						
8:30 AM				Lane Swim					
9:00 AM	Family				Lane Swim				
9:30 AM	Swim			Lane Swim					
10:00 AM	Family			Lane Swim Lane Swim Lane Swim Lane Swim					
10:30 AM	Swim								
11:00 AM	Family								
11:30 AM	Swim	Drivato locc	on bookings						
12:00 PM	Family	riivate less	un bookings						
12:30 PM	Swim								
01:00 PM	Family								
01:30 PM	Swim								
02:00 PM	Family			Lane Swim					
02:30 PM	Swim				Laile SWilli				
03:00 PM				Lane Swim					
03:30 PM				Laile SWilli					
06:00 PM									