



FOR IMMEDIATE RELEASE

June 5 2023

The **YMCA** of **Oakville** announces that June is **Move for Kids Month**. As a part of the YMCA's Annual Campaign to raise funds to support access and through financial assistance and free programming; ensuring no child is left behind. All funds raised will support their annual **Ignite the Light Campaign!** 

The "signature event" takes place at the YMCA (410 Rebecca Street) on Saturday, June 17, from 11:00am-2:00pm and will include the **Annual Cycle for Kids Event**, where teams of up to ten riders will share the bike over the course of an hour-long stationary bike ride. Cycling Teams will come dressed in costumes, cheering on their teammates. Prizes will be awarded for most "Watts" achieved, Best Costume / Team Spirit and for the Top Fundraisers.

Saturday June 17th will feature lots of fun, free activities for the whole family including: a basketball shooting contest, martial arts demonstrations, Family Zumba, arts and crafts, games for children and families a BBQ, Campfire and free access to the YMCA!

For scheduling about the activities on the day visit: https://ymcaofoakville.org/moveforkids

If you or your organization would like to enter as an individual or a team to compete in the **Cycle or Kids Event** visit: <a href="https://ymcaofoakville.org/pedal">https://ymcaofoakville.org/pedal</a> to register,

or contact Carmenzaba@oakville.ymca.ca for more information

To donate to the YMCA of Oakville visit: https://ymcaofoakville.org/moveforkids/donate

## Organization Contact for Media Inquiries:

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