

For immediate release

Wednesday, September 7, 2022

## PETER GILGAN FAMILY YMCA CELEBRATES 20 YEARS OF SERVICE

[OAKVILLE, ON] The YMCA of Oakville was established in 1956 and has been proudly serving people across Oakville and Halton for more than 65 years. With an initial membership of 150 people in 1957, this YMCA now serves thousands of residents across 42 Licensed Child Care locations, our Peter Gilgan Family YMCA at 410 Rebecca St, and multiple Day Camp and Community Outreach locations.

The month of September marks an important milestone: **20** years of service at the Peter Gilgan Family YMCA. This full-service Health, Fitness and Aquatics facility is fully alive, helping people of all ages and stages to achieve their health and wellness goals.

Commenting on the occasion, Kyle Barber, President & CEO, said, "We are delighted to see children returning to our childcare centres, and our YMCA will be an enthusiastic partner in the \$10/day Child Care Agreement. We are also enjoying seeing so many of our members return in person. The YMCA of Oakville is a unique charity that is fueled like a social enterprise, and we rely on face-to-face relationships and programs fees. We had to learn and adapt to virtual channels, and it will take some time to rebuild our programs, assets, and services. We are grateful to the generous volunteers and donors who have contributed to our success—especially the Peter Gilgan Foundation and a small, dedicated steadfast team of YMCA Champions."

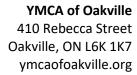
Paul Nieweglowski, Board Chair, added, "This month we are launching our new Strategic Plan, "Choices and New Directions", which can be found on the YMCA of Oakville's website. *Choice and New Directions* charts a path to guide us to enhance our relevant and sustainability as a Provider of Choice, an Employer of Choice, a Partner of Choice, and a Charity of Choice. We are completely committed to our Mission to be a charity that connects people and builds health and well-being, resulting in a stronger, healthier, and a more resilient community."

Over the next 30 days there will be loads of fun activities (free to the public to attend). A full schedule of these events is available today for pick-up in person at the Y, or online via the YMCA of Oakville website.

An interactive exhibit highlighting the YMCA of Oakville's services through the years is now on display in the lobby at 410 Rebecca St, including the Time Capsule contents placed in 2002. The YMCA invites new members to join with a 50% discount between now and September 30 and is also accepting suggestions for what should be added to the Time Capsule at this time (for the next 20 years).

Throughout the pandemic, the YMCA of Oakville has ensured continuity of critical programs and services, including essential childcare services, and virtual health and wellness programming. The facility was also used as a regional vaccination site.







The YMCA's new Strategic Plan— "Choices and New Directions"—is directing the work of this YMCA to ensure it remains a local Service Provider of Choice, Employer of Choice, Partner of Choice and Charity of Choice.

Values of Equity, Kindness, Integrity, Responsibility and Well-being guide the work of this critical charity whose mission is "to be a charity that connects people and builds health and well-being for the community" and whose vision is "to create a stronger, healthier, more resilient community".

Come, check out the fun and help the YMCA celebrate this auspicious anniversary.

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## For media inquiries, please contact:

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## **CALENDAR**

Kick Off Event	Friday, September 9, 2022 at 10:00 am
Archival Display (Interactive)	Friday, September 9 to Friday September 30 (lobby)
Free Family Zumba and Family Drum Fit Classes	Thursday, September 15 at 6:30 to 8:00 pm
Free Family Gym for children and families featuring Jennie Jelly Bean	Saturday, September 17 from 10 am to 12 pm
Retro Circuit Class featuring Lisa and Marina	Tuesday, September 20 at 10:00 am
Retro Cycle Fit featuring Lisa Newman	Tuesday, September 20 at 1:00 pm
Closing Reception and Donor Celebration	Thursday, September 29 at 10:00 am (lobby)

