Summer Su

YMCA of

Oakville

Registration opens on February 4!

> ACCREDITED MEMBER

OCA XXX

ymcaofoakville.org | 905-845-3417 | summercamps@oakville.ymca.ca

Y

STAFF

"I trust YMCA provides good care, exciting adventures and is an inclusive community group that offers a wide variety of programs"

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YMCA Financial Assistance

Through the generosity of our donors, we were able to provide financial assistance to more than 145 children last season. This allowed children to have a positive summer camp experience they will remember forever!

For more information about YMCA Financial Assistance, please contact the YMCA of Oakville Summer Camp Department at summercamps@oakville.ymca.ca.

Summer Camp the YMCA Way

The YMCA builds strong kids through valuesbased programming that will help them grow into healthy, responsible and caring adults. Our camps provide:

- A wide variety of age-appropriate activities
- Fun and adventure-based programming
- The opportunity to develop new skills
- Activities that enhance personal growth and build confidence
- A safe environment for children and youth to make new friends

Our staff team is selected based on experience working with children and ability to role model YMCA values. Our staff prepare for camp by:

- Providing the YMCA with a current Police Check with Vulnerable Sector screening (required for 18+)
- Completing their Standard First Aid and CPR
 "B" certification
- Completing pre-camp training focused on working with children, creating positive group experiences for all campers, programming and relationship building

Children with Special Needs

The YMCA offers a positive, supportive summer camp experience for our campers who require additional support.

Families can choose between having YMCA 1:1 support (limited space available), or providing their own 1:1 support through a recognized agency.

There are no additional fees for our campers requiring 1:1 support.

For additional information, or to secure your space today, please contact Rosie Lydon, Inclusion Specialist at rosiely@oakville.ymca.ca or 905-845-3417 ext. 320.

YMCA Camp is a place where magic happens. It's a place where campers and counsellors learn from each other, and develop a home away from home. Each child's unique talents, personality and perspective are welcomed and celebrated. All members of the camp community support each other to discover more about themselves, and each other, and have the opportunity to discover how their individuality can impact the world. Camp is a place to laugh, play and develop life-long friendships.

At the YMCA, we believe in helping all children and youth reach their full potential. All of our camp programs, be it sports, horseback riding, or outdoor pursuits, provide campers with a supportive environment to learn new things as they deepen their connection with the world around them. They will be challenged to take risks, be goofy, and step out of their comfort zones to accomplish the seemingly "impossible" together.

We are excited to welcome your family into our camp community, and look forward to a memorable summer where your child will learn to be a leader, how to be part of a team, and to value their individuality.

Join us for a summer that your camper will remember forever

Katherine Dziedzic Manager, Camp & Youth Engagement

Welcome to Summer Camp!

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Camps at a Glance

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Four day week	Age (yrs)	Week 1 Jun 29-Jul 3	Week 2 Jul 6-10	Week 3 Jul 13-17	Week 4 Jul 20-24	Week 5 Jul 27-31	Week 6* Aug 4-7	Week 7 Aug 10-14	Week 8 Aug 17-21	Week 9 Aug 24-28	Week 10 Aug 31- Sept 4
St. Luke Elementary Sch	t. Luke Elementary School (4-8 yrs)										
Explorers	4-5	\$164	\$205	\$205	\$205	\$205	\$164	\$205	\$205	\$205	-
Challengers	6-8	\$159	\$198	\$198	\$198	\$198	\$159	\$198	\$198	\$198	-
Palermo Public School (4	4-12 yrs)										
Explorers	4-5	\$164	\$205	\$205	\$205	\$205	\$164	\$205	\$205	\$205	-
Challengers	6-8	\$159	\$198	\$198	\$198	\$198	\$159	\$198	\$198	\$198	-
Creative Arts	7-10	\$176	\$220	\$220	\$220	\$220	\$176	\$220	\$220	\$220	-
Specialty (see pg. 9)	8-12	-	-	-	-	\$295	-	\$295	\$305	\$305	-
Trailblazers	9-12	\$176	\$220	\$220	\$220	-	\$176	\$220	-	-	-
River Oaks Public Schoo	l (4 -12 yrs	5)									
Explorers	4-5	\$164	\$205	\$205	\$205	\$205	\$164	\$205	\$205	\$205	-
Challengers	6-8	\$159	\$198	\$198	\$198	\$198	\$159	\$198	\$198	\$198	-
Creative Arts	7-10	\$176	-	-	-	-	\$176	\$220	\$220	\$220	-
Specialty (see pg. 11)	8-12	-	\$305	\$305	\$295	\$295	-	-	-	-	-
Trailblazers	9-12	\$176	\$220	\$220	\$220	\$220	\$176	\$220	\$220	\$220	-
Peter Gilgan Family YMC	A (4-15 yr	s)									
Explorers	4-5	\$164	\$205	\$205	\$205	\$205	\$164	\$205	\$205	\$205	\$205
Challengers	6-9	\$168	\$210	\$210	\$210	\$210	\$168	\$210	\$210	\$210	\$210
Active Athletes	7-9	\$172	\$215	\$215	\$215	\$215	\$172	\$215	\$215	\$215	\$215
Star Athletes	10-12	\$180	\$225	\$225	\$225	\$225	\$180	\$225	\$225	\$225	\$225
Fitness Fun	10-13	-	-	\$220	\$220	-	-	-	-	-	-
Champion Athletes	13-15	\$188	\$235	\$235	\$235	-	-	\$235	\$235	\$235	\$235
Creative Chefs Sr.	13-15	-	-	-	-	\$320	\$256	-	-	-	-

Week 6

Week 10

Disney +

Dynamic Duos

Weekly Themes

Each week our camp activities are planned around an exciting theme. Come to camp prepared to meet characters, play games, and design your crafts based on the theme. Special Event Days are the most exciting of all, where campers and counsellors dress up based on the theme and celebrate with wild and wacky games!







Week 9 Magical Mayhem









Celebration of Nations

Week 7





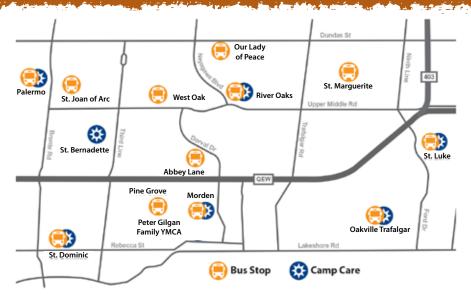


	Age (yrs)	Week 1* Jun 29-Jul 3	Week 2 Jul 6-10	Week 3 Jul 13-17	Week 4 Jul 20-24	Week 5 Jul 27-31	Week 6* Aug 4-7	Week 7 Aug 10-14	Week 8 Aug 17-21	Week 9 Aug 24-28	Week 10 Aug 31-Sept 4
Bronte Creek Provincial P	Bronte Creek Provincial Park (5-15 yrs)										
Explorers	5-6	\$164	\$205	\$205	\$205	\$205	\$164	\$205	\$205	\$205	\$205
Outdoor Pursuits Jr.	6-9	\$172	\$215	\$215	\$215	\$215	\$172	\$215	\$215	\$215	\$215
Outdoor Pursuits Sr.	10-12	\$172	\$215	\$215	\$215	\$215	\$172	\$215	\$215	\$215	\$215
Specialty Sports (see pg. 16)	8-12	\$244	\$305	\$305	\$305	\$305	\$244	\$305	\$305	\$305	\$305
Adventure Tours Jr.	7-9	\$244	\$305	\$305	\$305	\$305	\$244	\$305	\$305	\$305	\$305
Adventure Tours Int.	10-12	\$252	\$315	\$315	\$315	\$315	\$252	\$315	\$315	\$315	\$315
Adventure Tours Sr.	13-15	\$260	\$325	\$325	\$325	\$325	\$260	\$325	\$325	\$325	\$325
Valens Conservation Area	n (6-15 yrs))									
Outdoor Pursuits Jr.	6-9	\$176	\$220	\$220	\$220	\$205	\$164	\$205	\$205	\$220	-
Outdoor Pursuits Sr.	10-12	\$311	\$311	\$345	\$345	\$198	\$159	\$198	\$198	\$220	-
Horseback Riding	8-12	\$5	54	\$6	15	\$5	54	\$6	15	\$6	515
Outdoor Survival Skills	13-15	\$180	\$225	-	-	-	\$180	\$225	\$225	\$225	\$225
Youth Leadership Development (13-17 yrs)											
Wilderness Leadership	13-15	-	-	\$900 (Valer	s/YMCA Camp	o Pine Crest)	-	-	-	-	-
Leaders in Training	14-16	\$311 (Valens)	\$345 (Valens)	\$311 (E	Bronte)	\$345 (I	Bronte)	\$345 (YMCA)
Counsellors in Training	15-17		\$395 (Valens)			\$395 (Valens)			\$395 (Valens)		-

Other YMC Summer Programs

	Age (yrs)	Week 1* Jun 29 - Jul 3	Week 2 Jul 6 - 10	Week 3 Jul 13 - 17	Week 4 Jul 20 - 24	Week 5 Jul 27 - 31	Week 6* Aug 4 - 7	Week 7 Aug 10 - 14	Week 8 Aug 17 - 21	Week 9 Aug 24 - 28	Week 10 Aug 31 - Sept 4
Junior Summer Club (3.8-5	yrs) - Ope	erated by the Yi	MCA of Oakvill	e Child Care D	epartment						
Oakville Trafalgar	3.8-5	\$192	\$240	\$240	\$240	\$240	\$192	\$240	\$240	\$240	-
St. Bernadette	3.8-5	\$192	\$240	\$240	\$240	\$240	\$192	\$240	\$240	\$240	-
Aquatics Lifesaving Leadersh	nip Course	es (6+ yrs) - Op	erated by the Y	MCA of Oakvi	lle Aquatics De	epartment					
Swim Patrol (Rookie, Ranger, Star)	6-10	\$260/\$210	-	\$280/\$230	\$280/\$230	\$280/\$230	\$260/\$210	\$280/\$230	\$280/\$230	\$280/\$230	-
Bronze Star + Basic First Aid		-	\$260/\$280	-	\$260/\$280	\$260/\$280	-	\$260/\$280	-	\$260/\$280	-
Bronze Medallion +	13+	\$260/\$210	-	\$260/\$210	-	-	\$260/\$210	-	-	\$260/\$210	-
Bronze Cross +		\$230/\$250	-	-	\$280/\$300	-	\$230/\$250	-	\$280/\$300	-	\$280/\$300
National LIfeguard Services	16+*	-	\$350/\$380	-	-	-	-	\$350/\$380	-	-	-
LSS Swim/Lifesaving Instructor	16+*	-	-	-	-	-	-	-	\$300/\$330	-	-

Bus Transportation and Camp Care



We understand the demands of working families! That is why we offer safe, convenient care options for your child before and after camp hours. We offer care from 7:00-9:00 am and from 4:00-6:00 pm. Activities and snacks will be provided.

These locations are confirmed by the school boards in Spring 2020, and are subject to change.

Camp Care Location	Weeks	Cost
Oakville Trafalgar Child Care Centre 1460 Devon Road (Oakville Trafalgar Junior Summer Club only)	1-9	
Palermo Public School 2561 Valleyridge Drive	1-9	
River Oaks Public School 2173 Munn's Avenue	1-9	AM Camp Care - \$45/week
St. Bernadette Child Care Centre 1201 Heritage Way (St. Bernadette Junior Summer Club only)	1-9	PM Camp Care - \$45/week
St. Dominic Catholic School 2405 Rebecca Street	1-10	AM Camp Care - \$36/week PM Camp Care - \$36/week
St. Luke Catholic School 2750 Kingsway Dr	1-10	
W.H. Morden Elementary School 180 Morden Road (Peter Gilgan Family YMCA Camp only)	1-10	

To meet the needs of busy, working families our YMCA bus stops are conveniently located throughout Oakville! Our buses are supervised by trained staff, who start and end each day with fun activities. For your child's safety, children are required to get on and off the bus at the same location. Busing is included in the cost of the program. **Please note that our morning departure times are strictly adhered to. However, evening arrival times may vary due to traffic and other unanticipated delays.**

CARE ARTIGMENT

	Buses to \	/alens	Buses to Bi	ronte	
	Route #1 -	Hedgehog	Route #5 - Grasshop		
St. Marguerite Catholic School 1359 Bayshire Drive	7:40 am	5:30 pm	8:15 am	4:55 pm	
St. Luke Catholic School 2750 Kingsway Drive	7:45 am	5:10 pm	8:20 am	4:40 pm	
Oakville Trafalgar High School 1460 Devon Road	8:00 am	5:00 pm	8:35 am	4:25 pm	
	Route #2 -	Ladybug	Route #6 - Fi	irefly	
Our Lady of Peace Catholic School 391 River Glen Boulevard	7:50 am	5:15 pm	8:25 am	4:45 pm	
River Oaks Public School 173 Munn's Avenue	7:55 am	5:00 pm	8:30 am	4:30 pm	
West Oak Public School 2071 Fourth Line	8:10 am	4:45 pm	8:40 am	4:15 pm	
	Route #3 -	Dragonfly	Route #7 - H	awk	
Abbey Lane Public School 1160 Old Abbey Lane	7:55 am	5:20 pm	8:25 am	4:45 pm	
St. Joan of Arc Catholic School 2912 Westoak Trails Boulevard	8:05 am	5:05 pm	8:35 am	4:30 pm	
Palermo Public School 2561 Valleyridge Drive	8:20 am	4:55 pm	8:45 am	4:15 pm	
	Route #4 - Chipmunk		Route #8 - To	urtle	
W.H. Morden Public School 180 Morden Road	8:00 am	5:25 pm	8:25 am	4:50 pm	
Pine Grove Public School 529 Fourth Line	8:05 am	5:10 pm	8:30 am	4:35 pm	
St. Dominic Catholic School 2405 Rebecca Street	8:20 am	4:50 pm	8:45 am	4:15 pm	

NEW St. Luke Elementary School



Explorers (4-5 yrs)

\$205/week

Explorers is a great choice for first time campers! Our lower counsellor to child ratios (1:8) offer younger children the opportunity to discover and explore new things in a supportive environment. Campers will participate in fun games, sports, crafts, outdoor experiences and exciting weekly theme days. Plus, visits to the local splash pad!

Challengers (6-8 yrs) \$198/week

Fun for both returning and new campers, Challengers offers a variety of active games and crafts to enjoy while making new friends. Campers will discover a love for the outdoors while exploring nature in the comfort of their own neighbourhood. Each week will include visits to the local splash pad and a special event.



Camp care available at St. Luke. See page 6

2750 Kingsway Drive,

Oakville, ON

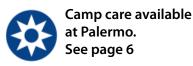
Palermo Public School

Palermo is perfect for your child if they:

- Want a traditional camp experience closer to home
- Prefer a balance of indoor and outdoor activities
- Want to have an arts-based camp experience
- Want to develop new skills in a specific area of interest

"Her counsellor was just exceptional. She was extremely caring and responsible and our daughter was very well cared for"

Camp at Palermo Public School features a large indoor gymnasium, an art studio, a multi-feature splash-pad directly across the street, multiple sports fields and outdoor courts for large outdoor games.





Explorers (4-5 yrs)

\$205/week

Explorers is a great choice for first time campers! Our lower counsellor to child ratios (1:8) offer younger children the opportunity to discover and explore new things in a supportive environment. Campers will participate in fun games, sports, crafts, outdoor experiences and exciting weekly theme days. Plus, visits to the local splash pad!

Challengers (6-8 yrs) \$

\$198/week

Fun for both returning and new campers, Challengers offers a variety of active games and crafts to enjoy while making new friends. Campers will discover a love for the outdoors while exploring nature in the comfort of their own neighbourhood. Each week will include visits to the local splash pad and a special event.

Creative Arts (7-10 yrs) \$220/week

Express yourself as an illustrator, sculptor, jeweler, videographer, and much more! Every day campers will explore a new art medium related to our theme of the week. There will be two afternoon swimming visits to Bronte Pool (2184 Hixon St).

NEW Trailblazers (9-12 yrs) \$220/week Weeks 1,2,3,4,6

Step into a leadership role at camp! Through fun games and activities, each week Trailblazers will discover more about themselves as leaders, participate in an activity to impact their community, and help to plan our weekly special event! There will be two afternoon swimming visits to Bronte Pool (2184 Hixon St).

Specialty Camp Locations

Creative Chefs (*Longo's Loft*): 469 Cornwall Road, Oakville RockPro: Remains on-site Codes & Bots: Remains on-site Bricks 4 Kidz: Remains on-site

Specialty Camps

Campers will begin and end each day at Palermo. Transportation will be provided to the off-site specialty activities. See below for addresses

Bricks 4 Kidz (8-12 yrs)

Week 5: Jul 27-31

Partnering with Bricks 4 Kidz, campers are introduced to concepts of engineering, architecture and mechanics while building motorized models using LEGO[®] Technic bricks. The rest of the day will include group games and sports, arts and crafts, water play at the splash pad, and weekly theme days.

\$295

Codes & Bots (8-12 yrs) \$295

Week 7: Aug 10-14

Code your robot to manoeuvre and speak! Spend each morning exploring technology and learning how to program your robot to complete various tasks. Afternoons will be spent in a variety of group games and sports, arts and crafts, water play at the splash pad, and weekly theme days.

RockPro (8-12 yrs) \$305 Week 8: Aug 17-21

Unleash your inner rock star! Each morning campers will spend time in the music centre where they will learn how to play the drums, guitar, keyboards and sing in a band. In the afternoon, campers will enjoy a variety of games and crafts based on the weekly theme. Join us on Friday morning from 11:30 am to 12:30pm to see a live performance!

\$305

Creative Chefs (8-12 yrs)

Week

Week 9: Aug 24-28

Discover your inner culinary artist! Each morning campers will be bussed to Longo's Loft to learn how to prepare meals in a professional kitchen. After lunch, campers will enjoy a variety of games and crafts based on the weekly theme.

River Oaks Public School

2173 Munn's Avenue **Oakville**, ON

"My child loves the Y camps because they are constantly busy in activities"

River Oaks is perfect for your child if they:

- Enjoy a wide variety of games, • crafts and activities
- Are looking for an outdoor camp experience with some indoor programming
- Want to participate in activities in the comfort of their own neighbourhood

Camp at River Oaks Public School features an indoor gymnasium, a large multi-purpose space, an art studio, a multi-feature splash-pad directly on site, multiple sports fields and outdoor courts for large outdoor games.



Camp care available at River Oaks. See page 6

Explorers (4-5 yrs)

\$205/week

Explorers is a great choice for first time campers! Our lower counsellor to child ratios (1:8) offer younger children the opportunity to discover and explore new things in a supportive environment. Campers will participate in fun games, sports, crafts, outdoor experiences and exciting weekly theme days. Plus, visits to the on-site splash pad!

Challengers (6-8 yrs)

\$198/week

Fun for both returning and new campers, Challengers offers a variety of active games and crafts to enjoy while making new friends. Campers will discover a love for the outdoors while exploring nature in the comfort of their own neighbourhood. Each week will include visits to the on-site splash pad and a special event.

Creative Arts (7-10 yrs) \$220/week Weeks 1,6,7,8,9

Express yourself as an illustrator, sculptor, jeweler, videographer, and much more! Every day campers will explore a new art medium related to our theme of the week. There will be two afternoon swimming visits to Falgarwood Pool (1349 Gainsborough Dr).

NEW Trailblazers (9-12 yrs) \$220/week

Step into a leadership role at camp! Through fun games and activities, each week Trailblazers will discover more about themselves as leaders, participate in an activity to impact their community, and help to plan our weekly special event! There will be two afternoon swimming visits to Falgarwood Pool (1349 Gainsborough Dr).

Specialty Camp Locations

Codes & Bots: Remains on-site Bricks 4 Kidz: Remains on-site RockPro: Remains on-site Creative Chefs (*Longo's Loft*): 469 Cornwall Road, Oakville

Specialty Camps

Campers will begin and end each day at River Oaks. Transportation will be provided to the off-site specialty activities. See below for addresses

Creative Chefs (8-12 yrs) \$305 Week 2: Jul 6-10

Discover your inner culinary artist! Each morning campers will be bussed to Longo's Loft to learn how to prepare meals in a professional kitchen. After lunch, campers will enjoy a variety of games and crafts based on the weekly theme.

RockPro (8-12 yrs) \$305 Week 3: Jul 13-17

Unleash your inner rock star! Each morning campers will spend time in the music centre where they will learn how to play the drums, guitar, keyboards and sing in a band. In the afternoon, campers will enjoy a variety of games and crafts based on the weekly theme. Join us on Friday morning from 11:30 am to 12:30pm to see a live performance!

Bricks 4 Kidz (8-12 yrs) \$295 Week 4: Jul 20-24

Partnering with Bricks 4 Kidz, campers are introduced to concepts of engineering, architecture and mechanics while building motorized models using LEGO[®] Technic bricks. The rest of the day will include group games and sports, arts and crafts, water play at the splash pad, and weekly theme days.

Codes & Bots (8-12 yrs) \$295 Week 5: Jul 27-31

Code your robot to manoeuvre and speak! Spend each morning exploring technology and learning how to program your robot to complete various tasks. Afternoons will be spent in a variety of group games and sports, arts and crafts, water play at the splash pad, and weekly theme days.

Peter Gilgan Family YMCA

410 Rebecca Street Oakville, ON

Peter Gilgan Family YMCA is perfect for your child if they:

- Are looking for an outdoor camp experience with some indoor programming
- Want to gain confidence and learn
 new skills
- Want to experience new activities and programming, such as rock climbing

"The camp is fantastic! She is enjoying it a lot - the team is very caring and she is always tired at the end of the day"

Camps at the Peter Gilgan Family YMCA feature indoor multi-purpose spaces, swimming facilities for our older campers, a rock climbing "adventure" centre, and plenty of outdoor space to accommodate a busy day of programming.



Camp care available at W.H. Morden. See page 6

Explorers (4-5 yrs)*

\$205/week

Explorers is a great choice for first time campers! Our lower counsellor to child ratios (1:8) offer younger children the opportunity to discover and explore new things in a supportive environment. Campers will participate in fun games, sports, crafts, outdoor experiences and exciting weekly theme days. Plus, campers will enjoy fun waterplay with our inflatable waterslide weekly!

Challengers (6-9 yrs)

\$220/week

Fun for both returning and new campers, Challengers offers a variety of active games and crafts to enjoy while making new friends. Campers will discover a love for the outdoors while exploring nature in the comfort of their own neighbourhood. Each week will include swimming in our on-site leisure pool.

Creative Chefs Sr. (13-15 yrs) \$320/week

Weeks 5 & 6

Designed for older campers who would like to take their culinary skills to the next level! Partnering with Liaison College (at Liaison College, 2273 Royal Windsor Dr), each morning will be spent working with professional cooking instructors in a professional kitchen, learning to make food you'll love! In the afternoon, campers will have an opportunity to experience on-site swimming, rock-climbing, group games, and much more!

Sports Camps

Campers will begin and end each day at St. Thomas Aquinas high school. The YMCA facility will be used for swimming and rock climbing.

Active Athletes (7-9 yrs)

\$215/week

With a focus on participation, teamwork and fun, campers will spend each morning being active and developing skills in a variety of sports. After lunch, campers will participate in rock climbing, group games, team building activities and water play with their new friends.

Star Athletes (10-12 yrs)

Basketball - Weeks 1, 7, 10

Soccer - Weeks 2, 5, 8 Baseball - Weeks 6 & 9

\$225/week

Designed specifically for campers who are enthusiastic about sports and want to take their skills to a new level! Each morning is spent learning the fundamentals of the designated weekly sport through skill sessions and games. The remainder of the day will include team building initiatives, rock climbing, recreational swimming and a weekly theme day.

NEW Fitness Fun (10-13 yrs)

\$220/week

Weeks 3 & 4

Fun for all campers - our Fun Fitness program is a great way to get active with new friends! Participate in fun group initiatives, have daily access to our wellness floor and group fitness programs, and participate in fun camp experiences including swimming and rock climbing!

NEW Champion Athletes (13-15 yrs)

\$235/week

Basketball - Weeks 1,4, 7,10 Soccer - Weeks 2 & 8 Baseball - Weeks 3 & 9

Challenge yourself to further develop your leadership skills in your sport of choice! In our Champion Athletes program campers will spend each day participating in skill development, leadership initiatives, daily access to our wellness floor, a weekly group fitness class and more!

Bronte Creek Provincial Park

Bronte is perfect for your child or youth if they:

- Enjoy exploring nature in an environment close to home
- Want a wide variety of active outdoor programming
- Are comfortable with new experiences and day trips

"The camp leaders at Bronte were amazing!"

Located between Burlington and Oakville, Camps at Bronte Creek Provincial Park offer an opportunity to unwind in a natural environment close to home. Bronte features a unique lake-style swimming pool, a wonderful play barn, plenty of trails to explore, large shelters for rain days, and multiple open spaces.



Free busing available to and from Bronte. See page 6

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NEW Explorers (5-6 yrs)

\$205/week*

Explorers is a great choice for first time campers! Our lower counsellor to child ratios (1:8) offer younger children the opportunity to discover and explore new things in a supportive environment. Campers will participate in fun games, sports, crafts, outdoor experiences and exciting weekly theme days. Plus, enjoy fun water play experiences!

Outdoor Pursuits Jr. (6-9 yrs)

\$215/week

A great choice for campers who love to be outside! Outdoor Pursuits Jr. offers opportunities to discover a natural environment that is close to home, through fun games and crafts related to the weekly theme. Plus, participate in visits to the Play Barn and daily recreational swimming at the "lake-style" pool!

Outdoor Pursuits Sr. (10-12 yrs)

\$215/week

Discover a love for the outdoors in a camp environment close to home! Outdoor Pursuits Sr. will offer campers an opportunity to develop self-confidence, teamwork and communication skills through team building challenges, games, mountain biking, recreational swimming and much more! Plus, campers will experience an off-site team building challenge every Wednesday!

* The YMCA is committed to the safety of all campers. Due to swimming regulations and legislation, any campers below the age of 6 will participate in unique and exciting water play in lieu of swimming.



"I really appreciated all the camp leaders that my children had, and that they made them feel included"

BMX Riders (8-12 yrs)

\$305/week

Weeks 1-3

Everyone can ride at our BMX Camp! Each morning campers will travel to the Milton BMX Track, where track coaches will work with them to develop riding skills and track etiquette and teach them how to race. BMX bike and full-face helmet rentals are included with the camp program. After lunch, participants will enjoy a variety of camp games, crafts and recreational swimming back at Bronte Creek Provincial Park.

Ultimate Sports (8-12 yrs)

\$305/week

Weeks 4-7

Explore the world of sports through our Ultimate Sports camp! Each day will be spent exploring new, unique sports, and will include 3 off-site trips to visit local sport attractions where campers will be active and have fun!

Ultimate Sports (8-12 yrs)				
Week 4	Bubble Soccer, Wild Waterworks, Climber's Rock			
Week 5	Wonderful World of Circus, Waves, NERF Battle Sports			
Week 6	Scooter's Roller Palace, Wild Waterworks			
Week 7	Ninjaz Canada, Wild Waterworks, Battle Archery			

Specialty Camps

Campers will begin and end each day at Bronte. Transportation will be provided to the off-site specialty activities.

BN 🕅 iders - Drumquin Park, 185 Brittannia Rd, Milton Get Golf Ready - 340 Burnhamthorpe Rd E

Get Golf Ready (8-12 yrs) \$305/week Weeks 8-10

Get golf ready in our golf camp program! Each morning, campers will develop their skills in driving, short-range game, putting and etiquette at Vic Hadfield Golf & Learning Centre. Friday mornings will be spent demonstrating these skills on the golf course! After lunch, participants will enjoy a variety of camp games, crafts and recreational swimming back at Bronte.

Adventure Tours (7-15 yrs) \$315/week Int.

\$305/week Jr.

\$325/week Sr.

Explore Southern Ontario in our Adventure Tours camps! Each week is full of new adventures, as campers visit great local attractions. When not on a trip, campers will participate in a variety of games, crafts, and recreational swimming. Don't forget to dress up for our weekly theme!

Junior To	ırs (7-9 yrs)
Week 1	Ontario Science Centre, Wild Waterworks
Week 2	Aerosports, Safari Niagara, Black Creek Community Farm
Week 3	Waves Waterpark, Reptilia, Medieval Times
Week 4	Chamelea Science Centre, Treetop Trekking, Mountsberg
Week 5	Planet Laser, Legoland, Humber Arboretum
Week 6	Wild Waterworks, Climber's Rock
Week 7	Peel Art Gallery Museum, Pirate's Life, Waves Waterpark
Week 8	Wonderful World of Circus, Toronto Zoo, Royal Botanical Gardens
Week 9	Playdium, Chocolate Tales, Wild Waterworks
Week 10	Ninjaz Canada, The eZone, Crawford Lake

Intermed	iate Tours (10-12 yrs)
Week 1	Aerosports, Waves Waterpark
Week 2	Confundrum Escape Room, Black Creek Community Farm, Niagara Cruise
Week 3	Planet Laser, Bird Kingdom, Treetop Trekking
Week 4	Royal Botanical Gardens, Wild Waterworks, Medieval Times
Week 5	Bubble Soccer, Mountsberg, CN Tower
Week 6	Playdium, Tommy Thompson Park
Week 7	Scavenger Hunt: Monster Edition, Waves Waterpark, Second City
Week 8	NERF Battle Sports, Crawford Lake, Science Centre
Week 9	Lake St George, Wild Waterworks, NERF Battle Sports
Week 10	The eZone, Toronto Zoo, Waves



Senior To	Senior Tours (13-15 yrs)				
Week 1	Wild Waterworks, Putting Edge				
Week 2	Bird Kingdom, Climber's Rock, Science Centre				
Week 3	Wet n Wild, The eZone, Second City				
Week 4	Classic Bowl, Bubble Soccer, Treetop Trekking				
Week 5	Wild Waterworks, Wonderful World of Circus, Clifton Hill				
Week 6	Canada's Wonderland, Classic Bowl				
Week 7	Wet n Wild, Art Gallery of Ontario, Go-Karts				
Week 8	Butterfly Conservatory, Dave & Busters, Second City				
Week 9	Wild Waterworks, Climber's Rock, Niagara Cruise				
Week 10	GPS Geocaching, Putting Edge, Toronto Zoo				

While we try our best to adhere to the scheduled trips, from time to time we may have to substitute a day trip due to situations beyond our control like weather conditions. We do not offer refunds for changes.

Valens Conservation Area

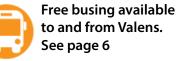
1691 Regional Road 97 **Cambridge**, ON

"Each year she gets on the bus alone and I tear up because she is so much braver than I was when I was 8. It's a testament to the camps and counsellors that she has the confidence to do this"

Valens is perfect for your child or youth if they:

- Want to spend time outdoors and learn about the natural environment
- Enjoy traditional camp experiences like: canoeing, swimming, and campfire cooking
- Want to develop leadership and team skills

Valens is a nature lover's paradise. This wonderful conservation area is tucked away near Flamborough, far from the noise and bustle of the city. With plenty of opportunities to hike, canoe or swim in the lake, campers have new experiences and build memories that last a lifetime. The unique man-made lake features a serene natural environment, with sandy beach, boardwalk trail system and surrounding forest.



Outdoor Pursuits Jr (6-9 yrs)

\$220/week

An excellent choice for inquisitive campers who love to explore outside! Build self-confidence and teamwork skills in a natural environment that provides opportunity to discover new activities including archery, canoeing, and recreational swimming in the lake. Plus, participate in traditional camp experiences like making s'mores on the campfire!

Outdoor Pursuits Sr (10-12 yrs)

\$345/session

Outdoor Pursuits Sr will offer campers an opportunity to develop selfconfidence, teamwork and communication skills. Campers will spend each day developing skills for outdoor survival, such as boating, campfire building and archery! In addition to the program options of Outdoor Pursuits, senior campers will participate in kayaking, mountain biking and fishing. There will also be an overnight experience every second week!

Horseback Riding (8-12 yrs)

\$610/session

Discover the sport of horseback riding! Campers will spend half of each day at King's Meadow Equestrian Centre, learning the fundamentals of horseback riding in a safe, experiential environment catered to the skills of each participant. The remainder of the day will be spent at Valens enjoying fun games, crafts and swimming in the lake.

Outdoor Survival Skills (13-15 yrs) Weeks 1,2,6,7,8,9,10

\$225/week

Experience nature as you never have before in our Survivor Camp! Participants will spend mornings learning skills necessary to survive in the wilderness, such as campfire cooking, shelter building, tracking and more! In the afternoon, campers will enjoy the program options available at the Valens Conservation Area location!

While we try our best to adhere to the scheduled activities, the YMCA may need to substitute activities based on weather conditions.

Water quality testing: The natural man-made lake at Valens is monitored and tested on a regular basis. As your child's safety is paramount to us, there may be days when we are unable to swim due to poor water quality. In this case, we will substitute lake swimming with land-based water activities and games.



Youth Leadership Development

Leadership development is perfect for your youth if they:

- Enjoy unique opportunities to develop leadership skills
- Want to become a YMCA
 volunteer or staff member
- Are looking to obtain certifications to work with children
- Enjoy opportunities for overnight
 experiences

"Leadership camp was a challenge and achievement for her and the experience will stay with her for life."

YMCA Youth Leadership programs help teens connect to and become involved in their camp community. They are designed to encourage greater independence and foster skills in collaboration, teamwork and leadership. Participants will learn more about themselves, while being supported by adult role models. Our Youth Leadership Programs are offered at two locations, and there is something for every teen!

Leaders in Training (14-16 yrs)

\$345/session

Weeks 1-2: Valens Weeks 7-8: Bronte Weeks 3-4: Valens Weeks 5-6: Bronte Weeks 9-10: YMCA

In this two-week program, you will focus on developing leadership and team skills that can be easily applied to all facets of your life! Get ready to participate in team-building activities, group initiatives, active games and sports, and be involved in a group initiated community project. Participants will be provided with a certificate upon successful completion of this program. During the two weeks at camp, there will be an overnight camping experience.

Counsellors in Training (15-17 yrs)

\$395/session

Weeks 1-3: Valens Weeks 4-6: Valens Weeks 7-9: Valens

This fun and intensive three-week program will provide campers with the leadership skills necessary to become a camp counsellor. Some of the objectives of this program include learning how to work with children, understanding group dynamics, planning and facilitating activities, and learning how to be part of a camp team! This program also includes Standard First Aid training. Upon successful completion of the CIT program, participants will be provided with a certificate, and may have the opportunity to volunteer in one of our camps. During the three weeks at camp, there will be a three-day, two-night overnight camping experience.

Volunteering at YMCA Summer Camp

Do you want to change the life of a camper?

Why not volunteer at YMCA Summer Day Camp? Each year, many people give of their time and talent through volunteering at YMCA camps. For more information about volunteer opportunities please contact **summercamps@ oakville.ymca.ca** or visit our website at **ymcaofoakville. org**.

Wilderness Leadership Trip (13-15 yrs) \$900/session

Weeks 3-5: Jul 13-31 Valens/YMCA Camp Pine Crest Mandatory Information Night: Thursday, July 9

Wilderness Leadership is a great option for those that love the outdoors! Participants will spend the first two weeks getting to know each other, participating in group initiatives, democratic living, portaging, and the fun camp activities Valens has to offer. During the second week, there will be a double-overnight experience, and participants will be trained in Emergency First Aid & CPR.

During the last week of our Wilderness Leadership Development program, participants and staff will travel to YMCA Camp Pine Crest to start out their six-day, five-night tripping adventure to discover Ontario's breathtaking Boreal forest, pristine lakes, and beautiful campsites set on ancient granitic rock. This trip is designed according to the group's interests, goals and skill levels and is led by two of YMCA Camp Pine Crest's skilled and certified staff. YMCA Camp Pine Crest's staff are certified in Wilderness First Aid skills, paddling and tripping skills, and lifeguarding. Additional support and supervision will be provided by highly-trained YMCA of Oakville summer day camp staff.



Registration Information in an a she that in the second and a second state of the second state of the second state of the second second

Registration opens February 4 at 9:00 am

Online

Register online at ymcaofoakville.org. Payment by credit card only.

In Person

Bring your completed registration and photo release forms to the Peter Gilgan Family YMCA. Payment by cash, debit, credit or pre-authorized payments (VOID cheque required). Please do not fax or email your registration form.

Program Agreement & Registration Information

Please read the following information carefully. By registering for YMCA Summer Camps you agree and acknowledge that you are giving up certain legal rights and hereby represent and warrant to YMCA that: (1) You are over the age of majority in your jurisdiction of residence; or (2) If you are registering on behalf of a minor, that you are his/ her/their parent/legal guardian and as such are fully authorized and entitled to enter into this agreement on his/her/their behalf.

Assumption of risk and indemnifying release

While YMCA staff make every effort to minimize exposure to known risks associated with participation in YMCA programs, I hereby acknowledge that my child may participate in activities that may involve risk of injury. In this regard, I agree that I have provided (if required) a complete and accurate health history and hereby permit my child to participate in the full range of program activities, unless specifically noted by me in the health information section of the registration form. I hereby release and discharge the YMCA of Oakville from any and all liability for damages sustained in consequence of loss, injury or damage to the participant, and from all other actions, causes of action, claims, demands or damages of any kind with respect to death, injury, loss or damages to any person or property arising out of or connected with preparation for, or participation in, the Program.

Medical Emergencies

In the event of an accident, injury or illness involving the participant, and immediate contact by the YMCA with a designated contact cannot be made, I hereby authorize and grant permission to YMCA staff to secure proper medical treatment and authorize on the participant's behalf all procedures, including, without limitation, admission to an emergency unit, hospital and treatment therein, ordering of x-rays, tests or treatment, injections, anaesthesia and/or surgery, as deemed necessary by the attending medical professional(s). I agree not to hold the YMCA responsible for any costs or injury arising out of an emergency situation.

Code of Conduct

The safety of each individual in the program is of the utmost importance. Each participant must recognize a personal responsibility to learn and follow at all times the safety and other rules established by YMCA staff. I hereby agree that any behaviour of the participant that places him/her/them, or others, at risk may result in the participant's immediate dismissal from the program. Further, if dismissed from the program, I agree to cover any expense(s) arising from such dismissal. I hereby acknowledge and agree that no refund will be granted for dismissal or removal of the participant at his/her/their request before the end of a program session. In order to ensure the safety and wellbeing of all individuals participating in the program, YMCA reserves the right to alter the program at any time without notice or compensation to the registrant.

Payment Options & Fee Schedule

Camper fees can be paid in full or by pre-authorized payments. An initial deposit of \$50/ session for each child will apply. The balance may be spread out through pre-authorized payments with a VOID cheque or credit card. Refer to the payment schedule below.

Cancellation and Refund Policy

Cancellation requests must be made in writing to summercamps@oakville.ymca.ca or by visiting the Peter Gilgan Family YMCA and completing a cancellation form. Requests received a minimum of two weeks prior to the first day of the camp program will be refunded, less \$25.00/session. Requests received within two weeks of the first day of the camp session are not subject to any refund. A cheque will be mailed or your credit card will be refunded within 14 days. Exceptions will be made for medical reasons, for which a doctor's note is required. Program transfers are accepted pending availability. Refunds will not be issued if a participant is sent home for misconduct.

Week	Session Date	Bank Withdrawal	Credit Withdrawal	Cancel by Date
1	June 29	June 1	June 8	June 15
2	July 6	June 15	June 22	June 22
3	July 13	June 15	June 22	June 29
4	July 20	June 15	July 8	July 6
5	July 27	July 1	July 8	July 13
6	August 4	July 15	July 8	July 20
7	August 10	July 15	July 22	July 27
8	August 17	July 15	July 22	August 4
9	August 24	August 1	August 8	August 10
10	August 31	August 1	August 8	August 17

2020 Summer Camp Registration Form

Camper Information (all f	fields mandatory)	Please Print Clearly	Health and Me	dical Informatior	n (all fields mandatory)		
First Name	Last Name		Doctor's Name				
Pronouns	Pref. name		Health Card #				
Birthdate (Y/M/D)	Age	Gender: 🗆 M 🛛 F 🗆	Allergies	□ No	□ Yes:		
Address			EPI Pen	□ No	□ Yes		
City	Postal Code		Has/is your child	:			
Phone Number			Been immunized	as required by the	Education Act?	🗆 No	□ Yes
Email Address			Had recent opera	itions/illnesses/inju	ıries/diseases?	🗆 No	🗆 Yes
Parent/Guardian 1 (all field	lds mandatory)		If yes, please speci	fy:			
First Name	Last Name		Been diagnosed	with any medical co	onditions?	🗆 No	🗆 Yes
Address			lf yes, please speci	fy:			
City	Postal Code		Currently taking	medication?		🗆 No	🗆 Yes
Primary Phone	Alternate Phone		If yes, please speci	fy:			
Email Address			Program Suppo	ort (all fields man	datory)		
Work Address			Has your child be	en diagnosed with	Special or behavioural	□ No	□ Yes
Parent/Guardian 2 (all field	lds mandatory)		needs?				
First Name	Last Name		lf yes, please speci	•			
Address				-	support at school?	□ No	□ Yes
City	Postal Code		Please list any ad	ditional informatio	n we should be aware of:		
Primary Phone	Alternate Phone						
Email Address							
Work Address					ese questions, please conta	ct Rosie Lydor	n regarding
Custody (all fields manda	tory)		Friend Request	t at camp at rosiely	@Oakviile.yinca.ca.		
□ Both □ Mot	her 🛛 Father	🗆 Guardian	-		and in the same around as th	ain fuian difth	
Emergency Contacts (all a	fields mandatory)		You can request that your child be placed in the same group as their friend if they are clos in age. Counsellors will do their best to accommodate requests, but it is not guaranteed.				
Provide two authorized people (no	ot parents) to pick up your child and/o	r be contacted in an emergency.	Name(s)		, -		
Emergency Contact 1							
First Name	Last Name		OFFICE USE ONL	Y TRX:	MSR:		
Primary Phone	Alternate Phone						
Emergency Contact 2			_				
First Name	Last Name		_				
Primary Phone	Alternate Phone						

Week	Dates	Location	Program	Bus Stop (if applicable)	Camp Care Location	AM/PM/Both	Total Fees
1*	June 29 - July 3						
2	July 6-10						
3	July 13-17						
4	July 20-24						
5	July 27-31						
6*	August 4-7						
7	August 10-14						
8	August 17-21						
9	Aug 24-28						
10	Aug 31-Sept 4						

When registering for camp, you are required to use the same bus stop for drop off and pick up.

*All programs will be closed on Wednesday, July 1 for Canada Day and on Monday, August 3 for the Civic Holiday. Fees for these weeks will be prorated.

Policies

NSF Payments/Declined Credit Card

A \$20.00 service charge will be applied to all NSF pre-authorized debits and declined credit cards. Failure to make full payment of camp fees one week prior to the start of the program will automatically result in withdrawal. Please refer to the fee schedule on page 22.

Regionally Subsidized Clients

To register for summer day camp, please provide us with written verification from Halton Region.

For more information on Child Care Subsidy, please contact the Region of Halton at 905-825-6000.

Child's Name								
Payment Method								
🗆 Visa		□ MasterC	ard		AMEX			
Pre-Authorized I	Debit (pleas	se attached vo	oid cheque or	direct depo	sit form)			
By signing this agreer require advanced noti We have certain recou any PAD that is not au our recourse rights, I/V	ice of the am Irse rights if a Ithorized or c	ount of PAD's be ny debit does n consistent with t	efore the debit is ot comply with t his agreement.	s processed. Th this agreemer To obtain a co	his applies to PA nt. For example, opy of the reimb	D's that are real I/We have the I	turned due to ir right to receive i	nsufficient funds. reimbursement fo
Signature of Accou	nt Holder							
Date								
Signature (if joint a	ccount)							
Date								
Camp 🚾 Swag It	ems (Plea	se indicate q	uantity in pr	ovided bo	xes)			
YMCA Camp T-S	Shirt <i>(pleas</i>	e circle t-shirt	size)					
	M (Child)	L (Child)	XL (Child)	S	м	L	XL	XXL
Water bottle For more informat		Hat		Sun	glasses			

TOTAL

Signing this form acknowledges that you have read, understand and agree to the content outlined above and on the reverse side (page 23). Additionally, you agree to the terms and conditions outlined within the "Program Agreement & Registration Information" on page 22.

Parent/Guardian Signature

24

25

Photo and Video Consent Assignment and Release Form

2020 Summer Camp and Camp Care

PURPOSES: For marketing, advertising, promotional and/or communication purposes, the YMCA may, from time to time, take photographs and/or video recordings of YMCA based activities or events that include real people, which photographs and video recordings will be placed in the YMCA National Photo Bank and which may be used by the YMCA in Canada and elsewhere in the world, for its own informational, promotional or advertising purposes, and by any other person authorized by YMCA (an "Authorized Third Party") to use such photos or video recordings, in any part of the world, in connection with such Authorized Third Party's support for, association with, or arrangements with, YMCA (collectively, the "Purposes"). For purposes of this Form, "YMCA" refers to YMCAs and YMCA-YWCAs in Canada or elsewhere in the world (as part of the World Alliance of YMCAs) and to YMCA Canada, and the World Alliance of YMCAs.

By signing this Form, you are consenting to the taking of photographs and/or video recordings of you by the YMCA for the Purposes, you are assigning to the YMCA, and waiving any rights you have related to, any such photographs and/or video recordings, and you are consenting to the use of any such photographs and/or video recordings, in whole or in part, by the YMCA and any Authorized Third Party for the Purposes.

For valuable consideration received but without any promise of remuneration, I hereby agree to allow photographs and/or video recordings to be taken of me, whether posed or candid, while I am on YMCA property and/or participating in YMCA activities or events, to be reproduced, published, displayed, broadcast, transmitted, licensed, sublicensed or otherwise used by the YMCA or any Authorized Third Party in connection with the Purposes, including without limitation on YMCA Internet web sites, in YMCA printed materials, or in any other materials or medium whatsoever and wherever (the "Work Product"). I confirm that neither the YMCA nor any Authorized Third Party shall be obligated to use the Work Product.

I understand that the Work Product is being created under the direction and control of the YMCA. I hereby irrevocably assign to the YMCA any and all rights, including copyright, financial or other rights, and I hereby irrevocably waive in favour of YMCA and any Authorized Third Party any and all moral rights or rights of similar nature that I may have in the Work Product. I agree that the YMCA has the sole worldwide ownership and rights in and to the Work Product, including copyright interests, and I acknowledge that I have no interest or ownership in the Work Product or its copyright. I agree that I will not bring or consent to others bringing a claim or action against the YMCA on the grounds that anything contained in the Work Product, or in the manner in which the Work Product is used, is defamatory, reflects adversely on me, or violates any other right whatsoever, including, rights of privacy and publicity. I hereby release and forever discharge each of the YMCAs, any Authorized Third Party and their respective officers, directors, employees, agents, partners and affiliates, and their respective heirs, executors, personal legal representatives, successors and assigns, as applicable, from all actions, claims, causes of action, suits, demands, liabilities and damages whatsoever, in law or equity, which I may have against any of them in connection with the Work Product.

I confirm that I am over the age of majority in my province or territory of residence and am competent to execute this Form and to participate in the development of the Work Product; or, to the extent that I am under the age of majority in my province or territory of residence, have had my parent or guardian review this Form and consent to my participation in the creation of the Work Product on my behalf.

Any inconsistency between this Form as expressed in English and any other language shall, to the full extent permitted by applicable law, be resolved by reference to the English version.

By signing my name, I (and my legal guardian, where applicable) acknowledge that I (or we) have carefully read and understand this Form.

l	Print Name of Participant
	Phone Number
	Address
CA	Name of Parent/Guardian
CA	Signature of Parent/Guardian
	Date
t	Signature of Witness



Junior Summer Club

Oakville Trafalgar Child Care Centre - 1460 Devon Road, Oakville, ON St. Bernadette Child Care Centre - 1201 Heritage Way, Oakville, ON

Junior Summer Club is perfect for your child if they:

- Are transitioning from child care
 to full-day programs
- Are looking for a great first time camp experience
- Prefer a balance of indoor and outdoor programming

"Programs are well organized and keep kids engaged throughout the day. Camp counsellors are great very warm and welcoming and well trained."

Bonus!

A morning and afternoon snack, and lunch are included every day at these locations.

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9
Jun 29 - Jul 3	Jul 6-10	Jul 13-17	Jul 20-24	Jul 27-31	Aug 4-7	Aug 10-14	Aug 17-21	Aug 24-28

Junior Summer Club (3.8-5 yrs)

\$245/week

Designed specifically for our junior and senior kindergarten children, YMCA Junior Summer Club offers nine weeks of licensed summer fun that includes games, nature discoveries, science experiments, and special guest visitors. We'll explore forests, build with nature, enjoy campfire treats, have water play fun and many adventures along the way.

Junior Summer Club is operated by the YMCA of Oakville Child Care department. For more information on this camp program, please contact: Marta Olczak (Oakville Trafalgar) at martaol@oakville.ymca.ca or Lucy Correia (St. Bernadette) at lucyco@oakville.ymca.ca



Camp care available at Oakville Trafalgar and St. Bernadette. See page 6

Aquatics Lifesaving Leadership Courses

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Aquatics Lifesaving Leadership Courses are held at the Peter Gilgan Family YMCA and run from 8:30 am-4:30 pm each day over the week. Canadian Lifesaving and Canadian First Aid manuals are not included in the course fees but can be purchased for an additional fee. Certifications obtained are valid for two years.

Swim Patrol (Rookie, Ranger, Star) (6-10 yrs) Weeks 1,3,4,5,6,7,8,9,10 Member \$260/\$210 (4 day week) Non-Member \$280/\$230 (4 day week)

Focuses on stroke improvement, endurance and develops First Aid skills and rescues to prepare participants for the Lifesaving society course. Pre-requisite: participants must be able to swim 25m and tread water in deep end.

Bronze Star + Basic First Aid Weeks 2,4,5,8,10 Member \$260 Non-Member \$23

Prepares candidates for the Bronze Medallion program. Candidates will learn rescue skills, First Aid, resuscitation, and self-rescue techniques, while improving stroke technique and endurance. Pre-requisite: Participants must hold a minimum Ranger in Swim Patrol.

Bronze Medallion + Emergency First Aid with CPR "B"

Weeks 1,3,6,9 Member \$260/\$210 (4 day week) Non-Member \$280/\$230 (4 day week)

Teaches participants responses to complex water rescue situations. It develops physical fitness, decisionmaking and judgment skills. 100% attendance is required by Lifesaving Society. Additional materials may be purchased on first day of lesson. Pre-requisite: Participants must be 13 years and over OR hold Bronze Star award. Emergency First aid course covers the general knowledge of First Aid principles and the emergency treatment of injuries. Skills include victim assessment, rescue breathing, CPR, choking, and what to do for external bleeding, heart attack, and stroke.

Registration for these courses can be completed online at ymcaofoakville.org or by visiting Membership Services at the Peter Gilgan Family YMCA.

Bronze Cross + Standard First Aid with CPR "C"

Weeks 1,4,6,10 Member \$280/\$230 (4 day week) Non-Member \$300/\$250 (4 day week)

Challenges Lifesavers with more advanced training and introduces safe supervision in aquatic facilities, the principles of teamwork, procedures and use of special equipment. 100% attendance is required by lifesaving society. Pre-requisite: Participants must hold Bronze Medallion and Emergency First Aid with CPR B Standard First Aid. This is a continuation of the Emergency First Aid course with a more detailed understanding of First Aid including: legal implications of First Aid treatment, spinal injuries, heat or cold injuries, bone and joint injuries, abdominal and chest injuries, burns, and medical emergencies.

National Lifeguard Services (NLS) Weeks 2,7 Member \$350 Non-Member \$380

This nationally recognized Lifeguarding program emphasizes teamwork, leadership and communication in prevention of accidents and treatment of medical emergencies. 100% attendance is required by Lifesaving Society. Pre-requisite: participants must be at least 16 yrs old by the date of exam; hold Bronze Cross and Standard First Aid + CPR "C".

LSS Swim Instructor and Lifesaving Instructor Week 5,8 Member \$300 Non-Member \$330

This course contains two certifications: LSS swim instructor and LSS lifesaving instructor/Emergency First Aid instructor certification. The Swim Instructor portion prepares the instructor to teach and evaluate the swimming strokes and related skills found in the Lifesaving Society Swim for Life program. The Lifesaving Instructor portion prepares individuals to organize, plan, teach and evaluate lifesaving and First Aid skills and resuscitation techniques in the Society's lifesaving and First Aid awards. 100% attendance is required by Lifesaving Society. Pre-requisite: participants must be at least 16 years old by the date of exam; hold Bronze Cross or NLS.

HOW TO BECOME A LIFEGUARD

National Lifeguards are highly skilled and trained individuals. To become a lifeguard you must be 16 years of age and have Bronze Cross and Standard First Aid certifications. See the chart below for the progression.

> National Lifeguard (16 years of age + prerequisites)

> > Standard First Aid (4 agencies)

> > > **Bronze Cross**

Emergency First Aid

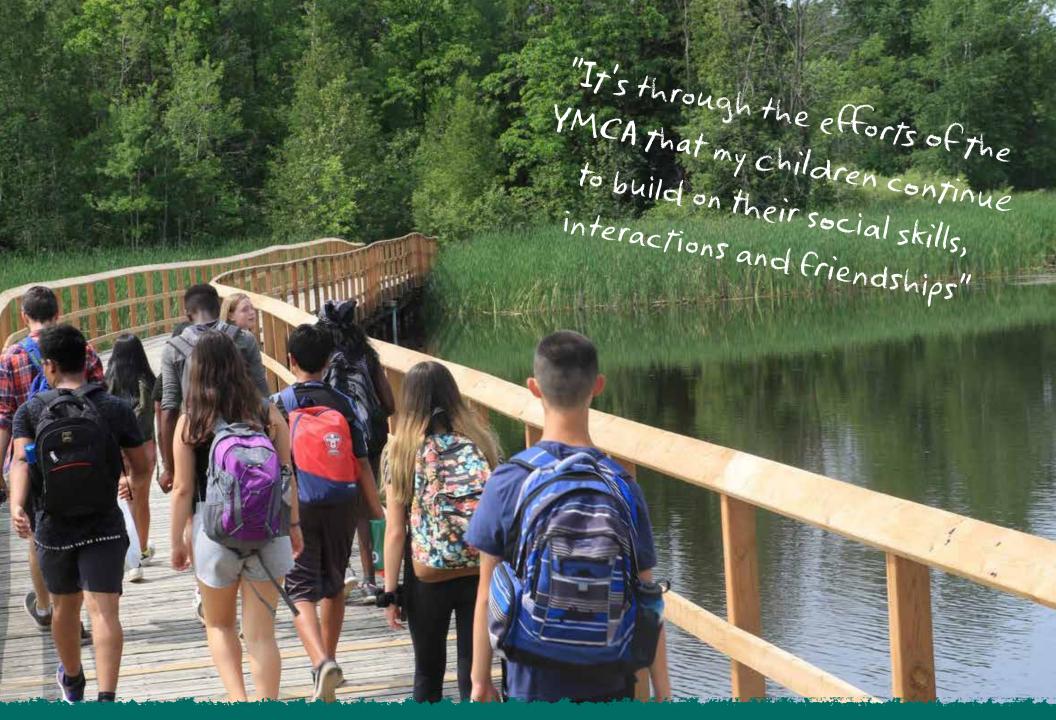
Bronze Medallion (13 years of age or Bronze Star)

Bronze Star

Swim Patrol



Aquatics Lifesaving Leadership Courses are run by the YMCA of Oakville Aquatics department. For more information on this camp program, please contact: Nadyia Ng at nadyiang@oakville.ymca.ca



Mission: The YMCA of Oakville is a charitable organization that strengthens community in Spirit, Mind and Body. Vision: The YMCA of Oakville will be a leader in building vibrant and healthy communities. Core Values: Respect, Inclusiveness, Caring, Honesty, Embracing, Responsibility

YMCA of Oakville 410 Rebecca Street Oakville, ON L6K 1K7 905-845-3417 | ymcaofoakville.org

Charitable Registration #11906 4400 RR0001