



Participants in the YMCA of Oakville Youth Exchange were given a **voice** in the exchange, and planned all fundraising opportunities and the hosting schedule.

100% of participants feel their life was positively changed, and would recommend the program to a friend



"I think I have a better **appreciation** for Oakville and for Canada seeing how people live and more for friendships because you don't know when they will end" – Participant



"This experience was **life changing** and I don't think that there will be anything like this or anything that does come close to this" – Participant



BC Highlights

Ancient Rainforest ▪ Bowling ▪ Ness Lake ▪ UNBC ▪ Nerf Wars ▪ Drum Circle Ceremony ▪ Making Lunch at Fire Pit ▪ Cards ▪ Host Family ▪ Wheelchair Basketball ▪ Mr. PG



Twenty youth were **engaged** in the exchange process, and dedicated a total of 390.5 volunteer hours to the pre-exchange planning.

Participants identified that they **developed** a positive peer network, independence & a connection to the Oakville community through the Youth Exchange Program.



"I have gone from being the girl who follows silently behind the pack to being much more open and **willing to help others**" – Participant



93% overall participant satisfaction with the program

"I know that I'm a fresh, **new person** now, different from the one I was before" – Participant



40 participants & 6 leaders became **family** in just 16 days



Oakville Highlights

Greg Frewin ▪ CN Tower ▪ Corus Entertainment ▪ Niagara Falls ▪ Hanging Out ▪ Maple Syrup Festival ▪ Skating ▪ Laser Tag ▪ Downtown Oakville ▪ Overnight ▪ Family Fun

Through Family Fun Events in our Priority Neighbourhoods, the Youth Exchange Participants positively impacted and engaged the Oakville **community**.

From Friends to Family



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410 Rebecca St
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Leaders: Kat Dziedzic, Derek Banks
& Alana Moore



YMCA of Northern BC
2020 Massey Dr
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Leaders: Chelsea Fortin, Stephanie
Kihn & Kevin Creamore