

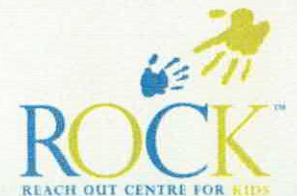


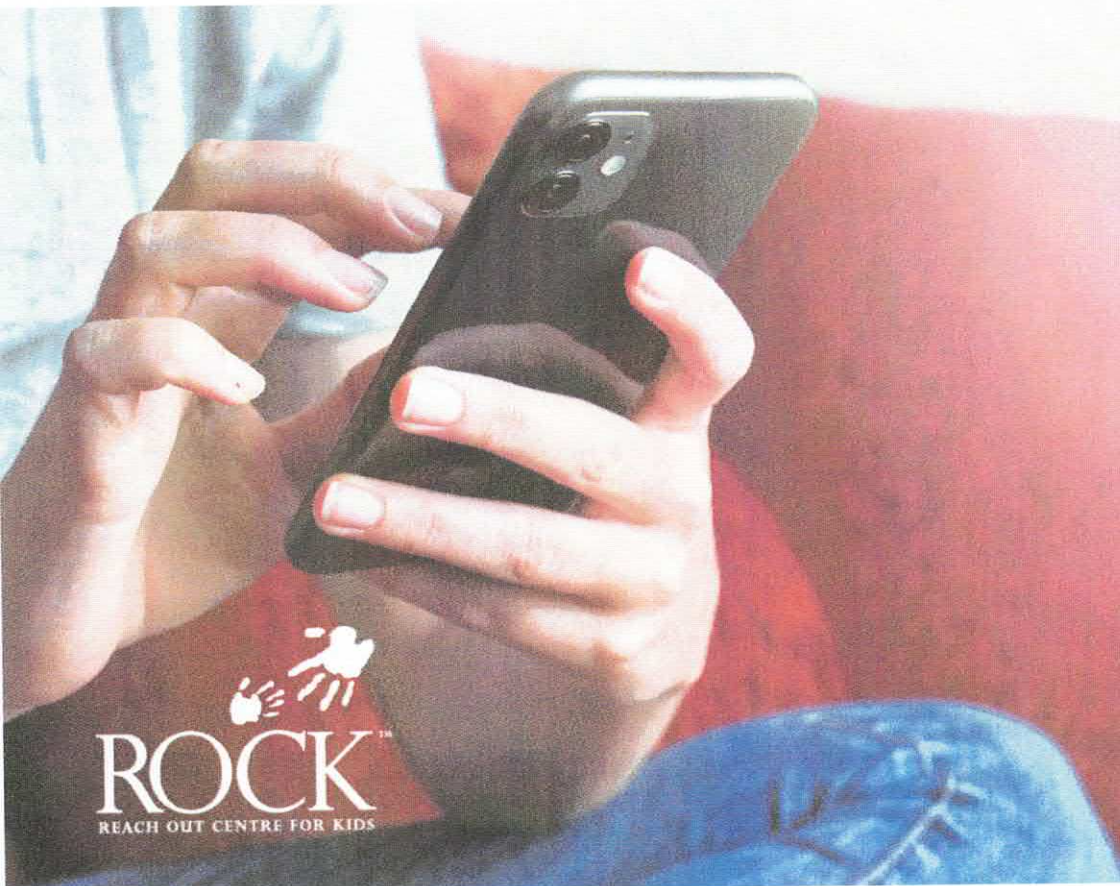
# OUR VIRTUAL WALK-IN IS OPEN!

## Monday, Tuesdays and Wednesdays 12:00-3:00 p.m.

We have Mental Health Therapists, Behavioural Therapists and Under 6 Therapists at Virtual Walk-In available for you.

Contact our Live Answer Service at 289-266-0036 or visit [rockonline.ca](http://rockonline.ca) to chat with our Digital Assistant, Quinn, and connect with a therapist.





# ROCK live answer

Call our Live Answer Service for information and connection to services, including a therapist for a virtual walk-in session.

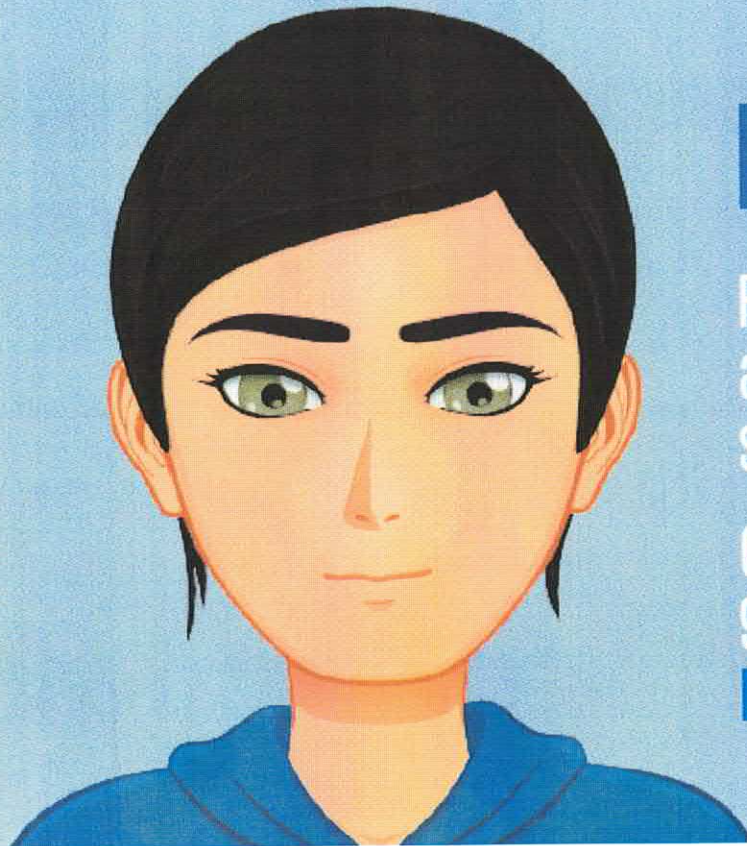
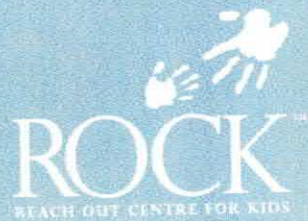
**Call 289-266-0036**  
**Monday to Friday, 9-5 p.m.**



Physical distancing does not mean you are alone. If you are in a crisis, and are a youth between the ages of 0-18 (or caregiver of), know that ROCK is here to listen and offer help. Give us a call to be connected for support.

**24/7** | **ROCK CRISIS LINE**  
**905-878-9785**

  
**ROCK**  
REACH OUT CENTRE FOR KIDS



# Meet Quinn!

ROCK's newest employee and digital assistant, connecting you to ROCK services and therapists.

Chat with Quinn, Monday to Friday, 9-5 p.m., by accessing the **chat bubble** below.

On Website