

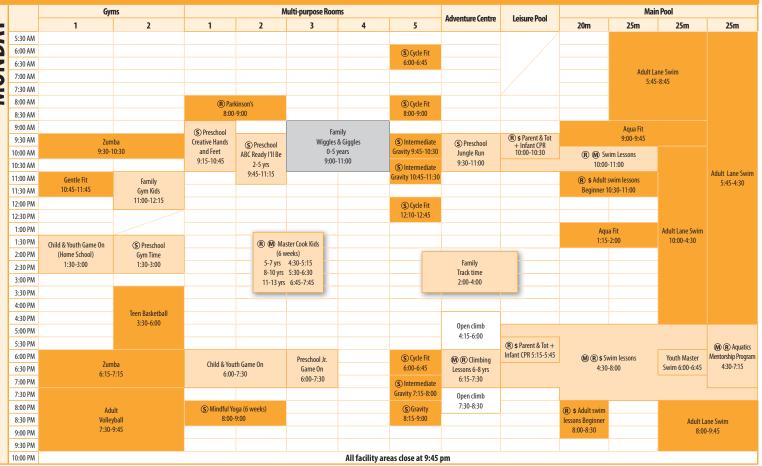
Program Schedule

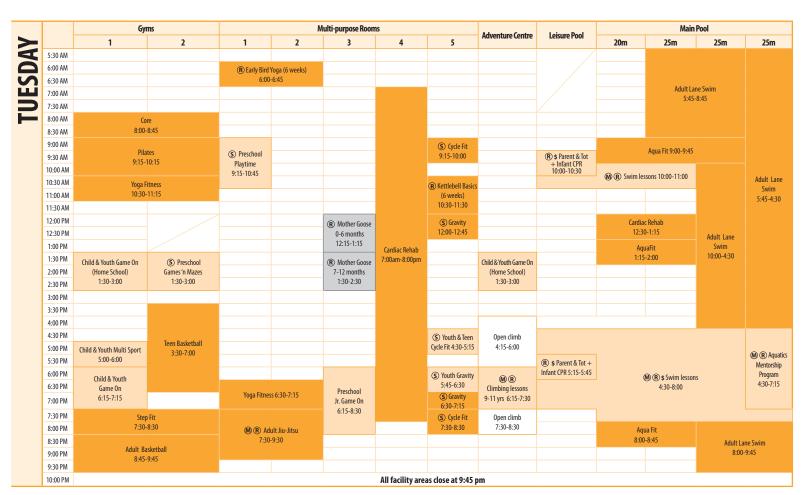
September 2, 2014 to January 4, 2015

YMCA of Oakville

Peter Gilgan Family YMCA

MONDAY





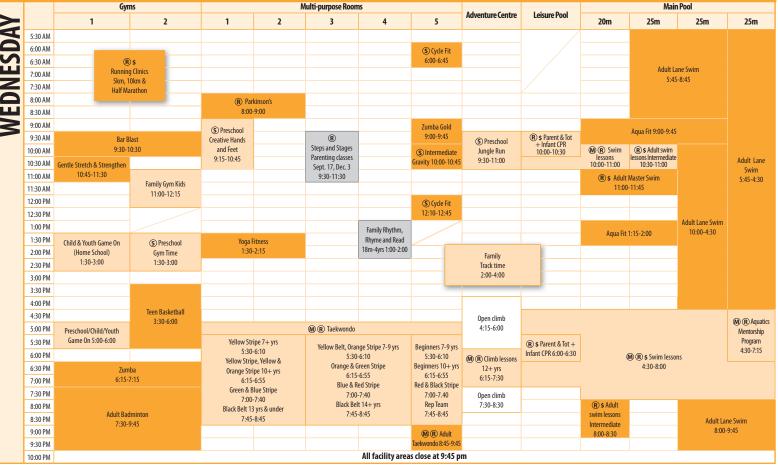
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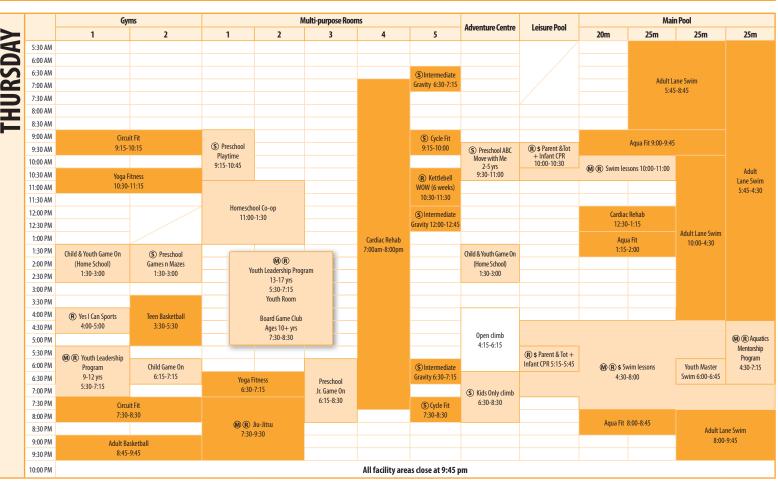
Hours of Operation

Monday to Friday 5:30 am – 10:00 pm Saturday 7:00 am – 6:00 pm Sunday 8:00 am – 6:00 pm

YMCA of Oakville

Peter Gilgan Family YMCA





Y

Holiday Hours

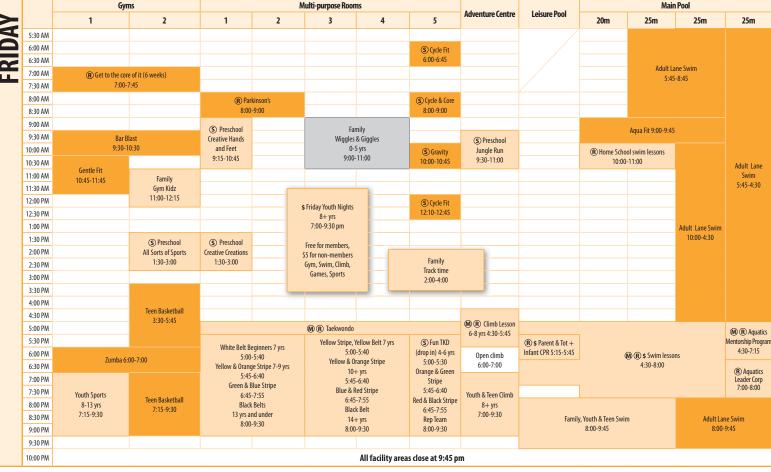
9:00 a.m. -5:00 p.m.

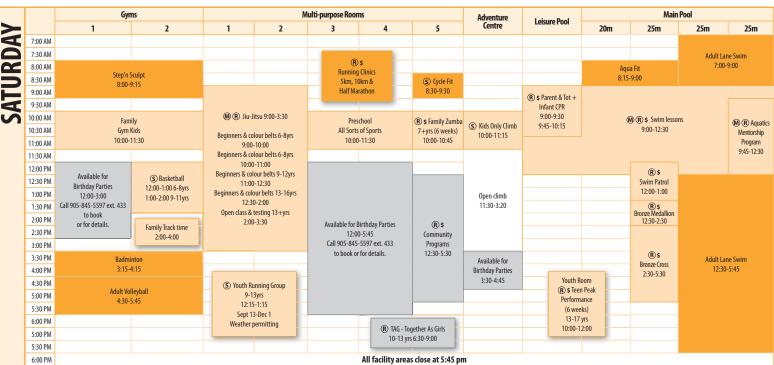
Open: Thanksgiving, October 13; Christmas Eve, December 24; Boxing Day, December 26;

New Year's Eve, December 31; New Year's Day, January 1, 2015

YMCA of Oakville Peter Gilgan Family YMCA

Closed: Christmas Day, December 25



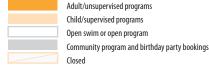


Legend

Adult 16+ years Cl Teen 13+ years st Youth 9-13 years p. Child 6-9 years

Children under the age of 13 must be supervised by an adult (16+ years) or participate in a supervised program.

Preschool 2-5 years. Participant must be potty trained.
Family: Child must be accompanied by parent or guardian



- S Limited space, sign up for the program 30 minutes prior to start
- ® Program requires registration, please see Membership Services
- Member only programs

\$ Fee may apply

Program areas close 15 minutes prior to building close. Program spaces are not available 15 minutes prior to adult classes and 45 minutes before some children's classes to allow for program set up.



Program Schedule

September 2, 2014 to January 4, 2015

YMCA of Oakville Peter Gilgan Family YMCA

Main Pool 8:30 AM M R Adult Taekwondo 9:00 AM Yoga Fitness (S) Cycle Fit 8.30-9.45 9:30 AM 10:00 AM Total Body Conditioning 10:00-11:00 10:30 AM M R Taekwondo 11:00 AM 10:30-11:15 Birthday Parties (S) Soccer 11:30 AM Family Boot Camp 10:30-12:30 11:30-12:15 7+yrs 11:30-12:15 12:00 PM 12:15-1:15 12:30 PM Adult Lane Swim 4-6vrs Available for Birthday Parties 1:00 PM 8:00-5:45 Open climb 1:15-2:15 Available for 10:00-5:30 12:30-2:00 1:30 PM Call 905-845-5597 ext. 433 to book **Birthday Parties** 7-8yrs Family 2:00 PM 12:15-4:30 Available for Track time Birthday Parties 2:30 PM Call 905-845-5597 2:00-4:00 ext. 433 to book 3:00 PM or for details. Call 905-845-5597 Birthday Parties

ext, 433 to book

or for details.

Child Minding

3:30 PM

4:00 PM

4:30 PM 5:00 PM 5:30 PM

Available for children 4 weeks to 10 years at an additional charge. Cost \$6/hr per child. Save with a 20 hr child minding card: \$70 for single child or \$100 two children

Parent/guardian must remain onsite while children are in care.

Monday to Wednesday: 8:30 am-12 pm, 1-3 pm, 6-8 pm

Thursday and Friday: 8:30 am-12 pm, 1-3 pm

Saturday: 8:30 am-12 pm

Sunday: closed Holidays: 9 am-12 pm

Members & Guests

Membership cards must be swiped with each visit and worn and visible at all times while within the Peter Gilgan Family YMCA.

As a YMCA member, I will help make the YMCA experience better for all by being considerate of others. I accept the responsibility to treat all people with YMCA values: inclusiveness, health, responsibility, respect, caring and honesty.

Guests: Photo I.D is required for all YMCA guests and day pass users. Wrist bands must be worn.

Change Room Policy

Family Change Room stalls are for everyone's use. Please do not hold or reserve stalls or washrooms when they are not in use.

Members with opposite gender children 0-4 years old are permitted into the general change rooms. Members with opposite gender children 5 years old and older must use the family change room.

Connect with us!

Connect with us online, share and join the conversation.



Your feedback is important and we value your questions, opinions

and comments.

The YMCA of Oakville reserves to right to change the schedule as required. Changes to the schedule are posted at www.ymcaofoakville.org

Pool Closure

All facility areas close at 5:45 pn

Our pools will be closed from Tuesday, September 2 to Saturday, September 13 for annual maintenance. The pools will reopen Sunday, September 14 at 8:00 am under the fall program schedule.

Registered Programs

2:00-4:40

All registered programs will be available for registration as of Friday August 15, 2014.

Coming Soon! Family Change Room Renovations

We are excited to be renovating our family change room and youth room to offer you more space, additional lockers and more individual change rooms. This project will affect the operation of both the family change room and youth room for an approximate closure of 6-8 weeks. Families and persons with a disability who frequently use the family change room will have access to the general change room during this time.

Youth Room

Open to youth 9+ years Monday to Wednesday: 4:30-8:30 p.m. Friday: 5:30-9:30 p.m.

Birthday Parties/Room Bookings

Book your special celebration with us! Visit ymcaofoakville.org for information on birthday party packages and room bookings, or call Sandra Rippin at 905-845-5597, ext. 433.



The YMCA of Oakville provides hope and health to those in need in our community. By donating to our YMCA Strong Kids campaign, you can help make sure that everyone has the opportunity to benefit from a YMCA experience.

To learn more about how YMCA experiences are changing lives, visit ymcaofoakville.com/donate.

Financial Assistance

As a charity, we are committed to ensuring that every individual in our community has access to the essentials needed to grow, learn and reach their full potential. We offer financial assistance to those in need. Please contact the Membership Services Desk for more information. All inquiries will be kept confidential.

YMCA of Oakville

Peter Gilgan Family YMCA 410 Rebecca Street, Oakville, ON L6K 1K7 tel: 905-845-3417 fax: 905-842-6792 info@oakville.ymca.ca www.ymcaofoakville.org